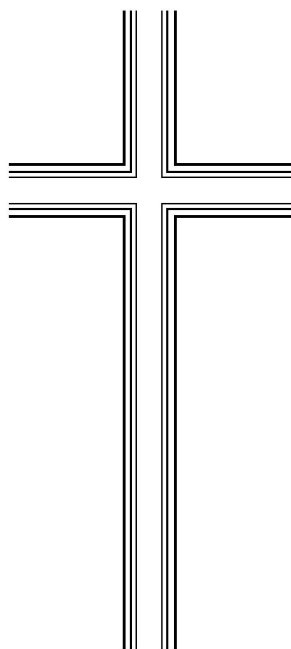
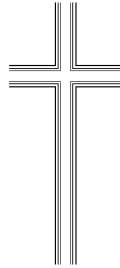


**The Second Sunday in Lent
February 25, 2024 - 10:15 a.m.**



**St. Barnabas' Episcopal Church
Serving our community, the world, and each other
through the love of Jesus Christ.**



In the season of Lent, our worship changes its shape to reflect the penitence and fasting of this season. We have put away our Alleluias until Easter.

We are encouraged to kneel when we pray during this season. Then in Eastertide, we are invited to stand before the Lord when we pray.

During Lent, the penitential order will open the service. This will place the confession of sin at the beginning of the service.

Hymns will focus our attention on the self-examination and reflection of the season. All these adjustments are made that ours might be a Holy Lent.

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

The Second Sunday in Lent February 25, 2024

10:15 a.m. Holy Eucharist

Prelude *How Firm a Foundation* D. Paxton

Hymn 10, vss. 1-3, 6 *New every morning is the love* Melcombe

Celebrant Bless the Lord who forgives all our sins.

People **God's mercy endures for ever.**

Celebrant

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-31*

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Kyrie *Lord, have mercy*, WLP 839

A. R. Clarke

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

The Collect

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

The Lessons

Genesis 17:1-7, 15-16

When Abram was ninety-nine years old, the Lord appeared to Abram, and said to him, "I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous." Then Abram fell on his face; and God said to him, "As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you.

God said to Abraham, "As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her."

The Word of the Lord.

People

Thanks be to God.

Psalm 22:22-30 *(said)*

- 22** May all who fear you, O God, give praise; *
may the offspring of Israel stand in awe,
and all of Jacob's line give glory.
- 23** For you do not despise nor abhor the poor in their poverty,
neither do you hide your face from them, *
but when they cry to you, you hear them.
- 24** My praise is of you in the great assembly; *
I will perform my vows in the presence of those who worship you.
- 25** The poor shall eat and be satisfied,
and those who seek you shall praise you: *
"May your heart live for ever!"
- 26** All the ends of the earth shall remember and turn to you, *
and all the families of the nations shall bow before you.
- 27** For yours is the royal power, O God; *
you rule over the nations.
- 28** To you alone all who sleep in the earth bow down in worship; *
all who go down to the dust fall before you.
- 29** My soul shall live for you;
my descendants shall serve you; *
they shall be known as yours for ever.
- 30** They shall come and make known to a people yet unborn *
the saving deeds that you have done.

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Romans 4:13-25

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") – in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Hoping against hope, he believed that he would become “the father of many nations,” according to what was said, “So numerous shall your descendants be.” He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah’s womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith “was reckoned to him as righteousness.” Now the words, “it was reckoned to him,” were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

The Word of the Lord.
Thanks be to God.

People

All stand in body or spirit

Hymn 147, vss. 1-3

Now let us all with one accord

Bourbon

Mark 8:13-38

The Holy Gospel of our Lord Jesus Christ according to Mark.
Glory to you, Lord Christ.

People

Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, “Get behind me, Satan! For you are setting your mind not on divine things but on human things.”

He called the crowd with his disciples, and said to them, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.”

After the Gospel, the Reader says

The Gospel of the Lord.
Praise to you, Lord Christ.

People

The Sermon

The Rev. John Bolin Shellito

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

A Litany of Healing

The Celebrant introduces the Litany with this bidding

Let us name before God those for whom we offer our prayers.

The People audibly name those for whom they are interceding. A Person appointed then leads the Litany

God the Creator, your will for all people is health and salvation;
We praise you and thank you, O Lord.

God the Redeemer, you came that we might have life, and might have it more abundantly;
We praise you and thank you, O Lord.

God the Inspirer, you make our bodies the temple of your presence;
We praise you and thank you, O Lord.

Holy Trinity, one God, in you we live and move and have our being;
We praise you and thank you, O Lord.

Lord, grant your healing grace to all who are sick, injured, or disabled,
that they may be made whole;
Hear us, O Lord of life.

Grant to all who seek your guidance, and to all who are lonely, anxious, or despondent, a knowledge of your will and an awareness of your presence;
Hear us, O Lord of life.

Mend broken relationships, and restore those in emotional distress to soundness of mind and serenity of spirit;
Hear us, O Lord of life.

Bless physicians, nurses, and all others who minister to the suffering, granting them wisdom and skill, sympathy and patience;
Hear us, O Lord of life.

Grant to the dying peace and a holy death, and uphold by the grace and consolation of your Holy Spirit those who are bereaved;
Hear us, O Lord of life.

Restore to wholeness whatever is broken by human sin, in our lives, in our nation, and in the world;

Hear us, O Lord of life.

You are the Lord who does wonders:

You have declared your power among the peoples.

With you, O Lord, is the well of life:

And in your light we see light.

Hear us, O Lord of life:

Heal us, and make us whole.

Let us pray.

A period of silence follows.

The Celebrant concludes the Prayers with a Collect

Open us to your healing power, O God. We entrust ourselves to your care, knowing that you are doing for us and for all the world far better things than we can ask or imagine. With you as our companion and guide, strengthen us to hope for all that is good, and to fear no evil. For your love is stronger than death, and your faithfulness reaches to the heavens; and to you we give glory, Creator, Redeemer, and Inspirer, now and to the ages of ages. **Amen.**

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to come forward for prayer.

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace which passeth understanding abide all the days in their lives; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Liturgy of the Table

Offertory

Let All the World in Every Corner Sing

E. Routley

The words for this piece may be found in #402 of the blue hymnal.

Doxology Hymn 143, v. 5

Erhalt uns, Herr

**O Father, Son, and Spirit blest, to thee be every prayer addressed,
who are in threefold Name adored, from age to age, the only Lord.**

The Great Thanksgiving

Enriching Our Worship Prayer 3

The people remain standing, in body or spirit. The Celebrant, whether bishop or priest, faces them and sings or says

Celebrant *People*
 The Lord be with you. And al - so with you.

Celebrant *People*
 Lift up your hearts. We lift them to the Lord.

Celebrant
 Let us give thanks to the Lord our God.

People
 It is right to give him thanks and praise.

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Presider

All thanks and praise
are yours at all times and in all places,
our true and loving God;

through Jesus Christ, your eternal Word,
the Wisdom from on high by whom you created all things.
You laid the foundations of the world
and enclosed the sea when it burst out from the womb;
You brought forth all creatures of the earth
and gave breath to humankind.

Wondrous are you, Holy One of Blessing,
all you create is a sign of hope for our journey.
And so as the morning stars sing your praises
we join the heavenly beings and all creation
as we shout with joy:

Sanctus S-130, *Holy, holy, holy*

F. P. Schubert

The Presider continues

Glory and honor are yours, Creator of all,
your Word has never been silent;
you called a people to yourself, as a light to the nations,
you delivered them from bondage
and led them to a land of promise.
Of your grace, you gave Jesus
to be human, to share our life,
to proclaim the coming of your holy reign
and to give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,
you have freed us from sin,
brought us into your life,
reconciled us to you,
and restored us to the glory you intend for us.

We thank you that on the night before he died for us
Jesus took bread,
and when he had given thanks to you, he broke it,
gave it to his friends and said:
"Take, eat, this is my Body, broken for you.
Do this for the remembrance of me."

After supper Jesus took the cup of wine,
said the blessing, gave it to his friends and said:
“Drink this, all of you:
this cup is the new Covenant in my Blood,
poured out for you and for all
for the forgiveness of sin.
Do this for the remembrance of me.”

And so, remembering all that was done for us:
the cross, the tomb, the resurrection and ascension,
longing for Christ’s coming in glory,
and presenting to you these gifts
your earth has formed and human hands have made,
we acclaim you, O Christ:

Presider and People

**Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!**

The Presider continues

Send your Holy Spirit upon us
and upon these gifts of bread and wine
that they may be to us
the Body and Blood of your Christ.
Grant that we, burning with your Spirit’s power,
may be a people of hope, justice, and love.

Giver of Life, draw us together in the Body of Christ,
and in the fullness of time gather us
with the Blessed Virgin Mary, Blessed Barnabas, and all your people
into the joy of our true eternal home.

Through Christ and with Christ and in Christ,
by the inspiration of your Holy Spirit,
we worship you our God and Creator
in voices of unending praise.

Presider and People

Blessed are you now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those**

**who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

Fraction Anthem S-164, *Jesus, Lamb of God*

F. Schubert

Christ our Passover is sacrificed for us;
Therefore let us keep the feast.

Celebrant

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

WLP 829 *Laudate dominum*

J. Berthier

LEVAS 88 *My faith looks up to thee*

L. Mason

After Communion, the Celebrant says

Let us pray.

**Loving God,
we give you thanks
for restoring us in your image
and nourishing us with spiritual food
in the Sacrament of Christ's Body and Blood.
Now send us forth
a people, forgiven, healed, renewed;
that we may proclaim your love to the world
and continue in the risen life of Christ our Savior. Amen.**

The Blessing

Hymn 637, vss. 1-3

How firm a foundation, ye saints of the Lord

Lyons

Dismissal

Postlude

New Every Morning is the Love

T. Canning

+ + + + +

In Our Prayers

For our Clergy:

Presiding Bishop: The Most Rev. Michael Bruce Curry
Diocesan Bishops: The Rt. Rev. E. Mark Stevenson, Bishop
The Rt. Rev. Gayle Elizabeth Harris, Assistant Bishop
The Rt. Rev. James Joseph "Bud" Shand, Visiting Bishop
Rector: The Rev. John Bolin Shellito
St. Barnabas' Vestry, Wardens, and Staff
Our Sister Parish: Iglesia Episcopal San Juan Bautista, Palma Soriano, Cuba

In the Anglican and Diocesan Cycles of Prayer:

For the Anglican Church of Tanzania; for Christ, Saluda; Emmanuel (Piedmont Parish), Delaplane; St. David's, Aylett.

For the special needs and concerns of this congregation (as of February 21, 2024):

Bernard Blair	Roger Hefferan	Helen Mosher	Trisha Serven
Jean Anne Braddon	James Hughes	Val Nelson	Frank Spink
Charles Camp	Gertrude Jones	Shirley Newman	Kathleen Stark
Cricket Camp	Sharon Jones	Nancy Peyton	Larry Stark
Margot Donnelly	Alusine Kanu	Alice Phillips	Karen Steidel
Charlie Flaherty	Joy Lyles	Anne Radway	Mareea Wilson
Bob Frye	Tom Lyles	Grace Rampersaud	Dana Wiseman
Rotha Frye	Bob Macfarlane	Norma Ricketts	Dave Wright
Preston George	Maria Macfarlane	Ellen Riddle	Mary Yeaman
Joan Gibbs	Blair MacKenzie	Barbara Rigden	
James Harris	Cindy McLaughlin	Ann Sayles	

And for:

Kim, John, Don, Kerry, Corinne (Beth Harper); **Sandy** (Betty Jo Fortune); President **Volodymyr Zelensky** (Bible Study); **Ralph, Molly, Morgan** (Cindy McLaughlin); **Andrea, Rosa, Nicole, Erin, Josh, Tracy, Ivory, Judy, Lorraine, Judy** (Cricket & Charles Camp); the **Chwirut Family, Bonnie** (Diana & Tim Greer); **Michelle, Marlana** (Ellen Riddle); **Heath** (Helen Mosher); **Angie** (James Harris); **Patricia** (Kathleen & Larry Stark); the **Troutman Family** (Katie Westerlund); **Noel+, Teresa** (Len LeRoy); **Joan, Dan, Josiah, Pam, Dave** (Marcel Lisi); **Lori** (Margot Donnelly); **Mary** (Maria & Bob Macfarlane); **Alicia** (Maria & Wayne Bottlick); **Gerry, John, Floyd** (Mary Riggs); **Louis, Al & Family** (Molly Newling); **Sophia, Charles, Simone, Ingrid** (Norma Ricketts); **Bill, Bucky, Kathy, Clai, Sharon & Family, Bill** (Sharon Jones); **Josefa, Mary, Susan** (Sheena Friend); **Audrey, Joyce, Valerie, William** (Shirley Newman); **Emily, Edward, Brianna & Family** (Theresa Merchant); **Cesar** (Tom Lyles); **Mary, Renata** (Ann Sayles); the **Atchley Family, Kathleen, Garth, Kathy, Mary, Robert** (Anne Radway & Jonathan Barber); **John & Family** (Nancy MacLachlan & Hugh Agnew); **Amy, Courtney** (Barbara & Jack Miller); **Gerry** (Beth Campbell & Dick Crutchley); **Carl** (Richard Hayhurst).

And for those enrolled in institutions of higher learning: **Matthew Dugger; Paulina Kanu; Garrett Patterson; Genevieve Phillips; Joey Robbins** (Grace Robbins); **Kyle Hitchman** (Marcel Lisi).

And for the faithful departed: **Kenneth M. Finley** (Simone & Michael Dugger); The Rev. Dr. **Lee Wayland Gibbs; Douglas Hewitt** (Janet George & Karen Steidel); **Ed Johnson** (Betty Jo Fortune); **Rowena Taliaferro, Cindy Cottrell, Rudi Peach** (Cindy McLaughlin).

Parish Announcements

Hypothermia Shelter Meals Begin This Evening

There still are a few slots open for support of our 2024 Hypothermia Ministry, which begins this evening. We will be providing the meals, as well as setting up, serving, and cleaning up, on Sunday, Monday, Wednesday, and Friday. We still need assistance with set-up/serving/clean-up a couple of the nights, as well as food items for our Taco Salad night (Monday) and Fried Chicken night (Wednesday).

You can sign up online (see your weekly email) or contact the Parish Office. If you sign up online, please know that you do not have to create an account in order to use the online tool; the email you provide will be used to send you a reminder email in advance of the day you've volunteered.

Please contact Cindy McLaughlin for any questions. Thank you.

Current Art Exhibit at the St. Barnabas' Gallery

The second exhibit in the St. Barnabas' Gallery are the etchings of renowned artist John Taylor Arms. A well-known etching artist of the early 1900's to 1940's, Arms did many etchings of churches and cathedrals in European and American cities. One of his most famous etchings is of the Brooklyn Bridge. The John Taylor Arms etchings are on loan from the private collection of fellow parishioner Dave Wright. We hope you will enjoy these works, which we plan to display until April.

***Arrival of the First Documented Africans in English America* Showing • Saturday, February 24th at 2 p.m.**

You are invited to a free showing of the documentary film, *Arrival of the First Documented Africans in English America*, which examines the contributions of African Americans through 400 years of slavery in the U.S. Writer Ric Murphy, an acclaimed historian, scholar, lecturer, and award-winning author, based his research on original documents located in a local (Alexandria) library. His research explores slavery in the context of both domestic and international events, and brings new voice to the particular contributions of thirty-two Africans.

The showing will take place at 2 p.m. on Saturday, February 24th in the Community Room at Place One Condos, 5500 Holmes Run Parkway in Alexandria. The movie runs approximately 55 minutes; cookies and coffee will be served. Since parking can be limited, please contact Place One resident Kathleen Stark if you would like to attend. You may wish to consider carpooling with a friend.

20's / 30's Brunch • Today!

You are invited to a 20s/30s brunch after the 10:15 a.m. service today, February 25th. For more information on the St. Barnabas' 20s/30s (in body, mind, or spirit) group, contact Haley Bolin Shellito.

"The Philadelphia Eleven" • Today (February 25th), March 8th

There are several upcoming opportunities to see "The Philadelphia Eleven," a powerful film about the Ordination of the first eleven women Priests in the Episcopal Church.

In an act of civil disobedience, a group of women and their supporters organize their Ordination to become Episcopal priests in 1974. The Church of the Advocate in Philadelphia welcomes them, but change is no small task. The women are harassed, some lose friends, and others are banned from stepping on church property. In this feature-length documentary film, we meet the women who succeed in building a movement that transforms an age-old institution, and challenges the very essence of patriarchy within Christendom.

The film is suitable for adults and teens. To learn more about the film and watch the trailer, go to <https://www.philadelphiaelevenfilm.com/watch.html>. (If the link does not work, copy and paste the link directly into your browser.)

February 25th at 4 p.m. at The Falls Church

The Falls Church Episcopal is hosting a screening on February 25th at 4 p.m., followed by a panel discussion with four former TFC women clergy: the Rev. Kelly Moughty, the Rev. Cathy Tibbetts, the Rev. Rosemari Sullivan, and the Rev. Jean Milliken. The panel discussion will be facilitated by the Rev. Ruthanna Hooke, Ph.D, and Professor of Homiletics at VTS, and will focus on the role women clergy play in today's church and the challenges women and minorities continue to face. Please see the attached flyer.

March 8th at 8 p.m. Online Premiere on Kinema.com

This inaugural streaming will be followed by a panel discussion including two of the Philadelphia Eleven, the Rev. Dr. Carter Heyward and the Rev. Nancy Wittig. Tickets are \$10 and all proceeds will benefit the film's distribution. You can purchase tickets and see a complete list of screenings at [Watch \(philadelphiaelevenfilm.com\)](http://www.philadelphiaelevenfilm.com).

We invite you to **Wednesday Worship** on February 28th at 10:00 a.m. in the Parish Library for a service of Morning Prayer.

Women of St. Barnabas' Business Meeting - Tuesday, March 5th

The Women of St. Barnabas' (WOSB) will hold their next business meeting on Tuesday, March 5th at 10:00 a.m. in the Richardson Room. All are welcome.

Taizé Service ▪ Saturday, March 9th at 5 p.m.

Many of you are familiar with songs that were composed for and are still sung at the Taizé community in France. St. Barnabas' has often sung one of its simple repetitive songs during communion, especially during Lent. The songs were meant to be easily learned by the multinational groups that make pilgrimages to Taizé, and they often have multilingual lyrics. St. Barnabas' is offering a service of Taizé music on Saturday, March 9th at 5:00 PM to be held in the Richardson Room. Our young people are contributing to the design of the service; you can expect candles, readings, art, and options to sit on rugs.

Cuba Clothing Collection Through Sunday, March 10th

The Cuba Committee has placed a plastic tub in the narthex for clothing donations for Cuba. We are collecting shirts, blouses, shorts, pants, dresses, and skirts for children through adults. We will be sending a shipment on March 11th, and expect items to be received before Easter. The deadline for donations is Sunday, March 10th. Please contact Wendy Williams if you have any questions.

Game Night • Saturday, March 16th 5-8 PM

The Youth Committee will host a Game Night on Saturday, March 16th from 5-8 p.m. There will be food, games, and bingo (prizes!!). Your friends, colleagues, and neighbors are all welcome. While this event is free, donations will go toward the J2A Pilgrimage Fund. Don't be *Sorry!* Mark your calendar now!!

Food Pantries

St. Barnabas' supports two local food pantry efforts. Food and personal hygiene item donations are needed; items can be left in the narthex baskets. There are volunteer opportunities at both.

ACCA Food Pantry volunteers deliver a 7-10 day supply of food and hygiene items to households with an urgent need for food. The ACCA Instagram shared that Food Pantry supplies are critically low. Consider bringing extra non-perishables to St. Barnabas' during your next visit so that we can help replenish the Food Pantry for those who are hungry. Our Ash Wednesday services included Isaiah 58:6, "Is not this the fast that I choose: to loose the bonds of wickedness, to undo the heavy burdens, to let the oppressed go free."

The Annandale United Methodist Church's Heritage Mission Center food site distributes several bags of food on Thursday evenings to anyone who comes, serving about 300 households each week. Donations of nonperishable food are appreciated. Needed items include 12 oz. boxes of cereal, 1-pound boxes of pasta, 20-ounce cans/jars of pasta sauce, and 14-16 ounce cans of vegetables and fruits.

To volunteer or if you have any questions, please contact Ken or Camille Mittelholtz or the Parish Office (703-941-2922 or stbarnabaschurch@outlook.com).

Lent Madness

Most of us know about March Madness, the annual NCAA college basketball championship games. Some of us have even filled out our brackets to try to predict the willer. But do you know about Lent Madness?

Lent Madness began in 2010 as the brainchild of the Rev. Tim Schenk. In seeking a fun, engaging way for people to learn about the men and women comprising the Church's Calendar of Saints, Tim came up with this unique Lenten devotion. Combining his love of sports with his passion for the lives of the saints, Lent Madness was born. In 2012 Tim partnered with Forward Movement and Executive Director the Rev. Scott Gunn to create the Lent Madness website (www.lentmadness.org) and broaden the number of people involved in the writing process, with Tim and Scott serving as the self-appointed Supreme Executive Committee.

The format is straightforward: 32 saints are placed into a tournament-like single elimination bracket. Each pairing remains open for a set period of time, and people vote for their favorite saint. 16 saints make it to the Round of the *Saintly Sixteen*; eight advance to the Round of the *Elate Eight*; four make it to the *Faithful Four*; two to the *Championship*; where the winner is awarded the coveted *Golden Halo*. The first round consists of basic biographical information about each of the 32 saints. Things get a bit more interesting in the subsequent rounds as we are offered quotes and quirks, explore legends, and even move into the area of saintly kitsch.

Lent Madness is a great family activity and a lighthearted way for all of us, regardless of age, to learn more about our saints. You can download the free Saintly Scorecard, which includes information about this year's 32 competitors and your very own bracket at www.lentmadness.org. Be sure to subscribe to receive updates and look for the full color Lent Madness bracket poster in the Richardson Room. If you have

questions, contact Beth Harper or any member of our EfM group.

Your Weekly E-piscopalian

If you know of someone who is finding it a challenge to read the E-piscopalian via email, please be aware that a paper copy of the weekly email is mailed to a select number of people, and our Parish Administrator would be happy to add additional names to the list. Please contact the office or provide the contact information to them. (see above)

Shrine Mont Camps

Early bird registration for summer camp at Shrine Mont is underway. The Diocese of Virginia runs a variety of different summer camps for campers age seven and up – maybe one will be a good fit for you or your family! 2023 Camp was an open and affirming space for LGBTQ+ individuals and allies, and 2024 camp is being planned with that same commitment in mind. Many campers report having an absolutely amazing time. Please reach out to Rev. John with any questions, including questions about scholarships.

<https://www.shrinemontcamps.org/copy-of-dates-rates>

<https://www.shrinemontcamps.org/info>

For more information on Gender Inclusion at camp, please follow this link:

<https://www.shrinemontcamps.org/faq-s>

Support for Ukraine through ERD

Support Episcopal Relief & Development in providing humanitarian aid in response to the crisis in Ukraine. By donating to the Ukraine Crisis Response Fund, you will help meet critical needs for people fleeing the violence, including food, cash, blankets, and hygiene supplies. To donate through ERD, please visit episcopalrelief.org/Ukraine-crisis.

Prayers for Family, Friends, and Others

If you would like to add names of family, friends, or others to the parish Prayer List (published Thursdays and in the Sunday bulletin each week), please contact the Parish Office. If you might be interested in this ministry, please contact the Rector or the Parish Office. Thank you.

***Forward Day by Day* February/March/April Issue Available - Paper and Online**

Forward Day by Day, a booklet with daily devotions and scripture is available in either regular or large print for you to pick up. Please contact the office if you would like one or more copies mailed to you (703-941-2922 or stbarnabaschurch@outlook.com).

Forward Day by Day also is available to read on the web at:

https://prayer.forwardmovement.org/forward_day_by_day.php?d=22&m=3&y=2021

Emergency Pastoral Care: For after-hours emergency pastoral concerns, please contact the Rev. John Bolin Shellito at 571-402-2218.

CALENDAR

Sunday, February 25	The Second Sunday in Lent <i>Hypothermia Shelter Meals Week through Saturday</i>
8:00 AM	Holy Eucharist
9:10 AM	Cherub Choir - Lyles Room
9:15 AM	Christian Formation for All Ages
10:15 AM	Holy Eucharist with Choir
11:30 AM	Youth Choir - Lyles Room
1:00 PM	Oneness Mission Church (until 3:30 PM)
3:00 PM	Youth Group Hypothermia Shelter Dinner Preparation - Kitchen & Richardson Room (until 6 PM)
5:30 PM	Ladies Night Out Al Anon - J2A Room (until 7 PM)
6:15 PM	Ryders' Rounders - Richardson Room (until 8:30 PM)
Monday, February 26	
10:00 AM	Serenity Seekers Al-Anon - Richardson Room (until 11 AM)
Tuesday, February 27	
3:45 PM	Annandale Safe Youth Project - Richardson Room (until 6 PM)
7:00 PM	Education for Ministry - Zoom
Wednesday, February 28	
10:00 AM	Wednesday Worship: Morning Prayer - Library
1:40/2:40 PM	Greek/Hebrew Classes - Lyles Room
3:45 PM	Annandale Safe Youth Project - Richardson Room (until 6 PM)
7:30 PM	Adult Choir - Lyles Room (until 9 PM)
8:30 PM	AA Barnabas Group - Richardson Room (until 10 PM)
Thursday, February 29	
10:00 AM	Tai Chi - Richardson Room
2:30 PM	Staff Meeting - Library
3:45 PM	Annandale Safe Youth Project - Richardson Room (until 6 PM)
6:30 PM	Ryders' Rounders - Richardson Room (until 9 PM)
7:30 PM	Pipe Band - Lyles Room
Sunday, March 3	The Third Sunday in Lent
8:00 AM	Holy Eucharist
9:10 AM	Cherub Choir - Lyles Room (until 9:30 AM)
9:15 AM	Christian Formation for All Ages
10:15 AM	Holy Eucharist with Choir
11:30 AM	Youth Choir - Lyles Room
1:00 PM	Oneness Mission Church (until 3:30 PM)
4:00 PM	FACETS Meal Preparation (until 6 PM)
5:30 PM	Ladies Night Out Al Anon - J2A Room (until 7 PM)

Participants in the services today are:

8:00 a.m.

Vestry Leader/Closer
Acolyte
Lector
Chalicer
Opener

Katie Westerlund
Cindy McLaughlin
Michael Dugger
Mark Patterson
Mark Patterson

10:15 a.m.

Acolytes
Lectors
Chalicer
Usher
Coffee Hour Hosts
Counters
Altar Guild

Mark Patterson, Blue Kennedy, Paulina Kanu, Mark Patterson
Molly Newling, Mark Patterson
Cindy McLaughlin, Beth Harper
Tim Greer
Anne Radway, Margot Donnelly
PJ Kennedy, TBD
Molly Newling, Kristen Anderson, Dave Wright

Participants in the services on March 3 are:

8:00 a.m.

Vestry Leader/Closer
Acolyte
Lector
Chalicer
Usher
Opener

Sam Batten
Michael Dugger
Todd McKeever
Cindy McLaughlin
Wendy Williams
Wendy Williams

10:15 a.m.

Acolytes
Lectors
Chalicer
Usher
Coffee Hour Hosts
Counters
Altar Guild

Blue Kennedy, Noah Schaefer, Joaquin Tamanaha, Cindy McLaughlin
Dawn Schaefer, Camille Mittelholtz
Cindy McLaughlin, Mark Patterson
Ken Mittelholtz
Diana & Tim Greer
Beth Harper, Camille Mittelholtz
Mary Yeaman, Jocelyn Leatherwood, Sharon Jones

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.