November 2017

The St. Barnabas' Reporter



The Clergy Page

Grace and Peace,

Dear

Gad

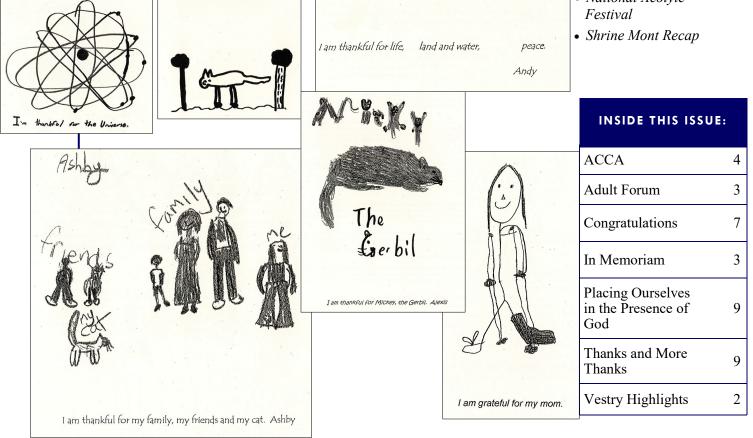
Carol+

The Rev. Canon Carol Cole Flanagan Interim Rector

As you know, this year we have attempted to renew the involvement of our children in our stewardship initiative because it is so important to their Christian formation. In the archives we found the following drawings and reflections from • What's in a Name? a previous generation of St. Barnabas' children, most of whom are heading into adulthood. It is impressive. We pray that they are well on their way to becoming the generous and compassionate people we glimpse here, and that their words inspire us for our ministry with today's young people.

SPECIAL POINTS OF **INTEREST**

- Annual Meeting November 19th 9:00 a.m.
- Beginnings Book Group
- Women of St. Barnabas' Santa's Sleigh Christmas Bazaar
- Beginnings Book Group
- Interview with John Otwell
- National Acolyte Festival



November 2017

St. Barnabas' Episcopal Church

4801 Ravensworth Road Annandale, VA 22003 703-941-2922

Parish Staff

The Rev. Canon Carol Cole Flanagan, Interim Rector Mr. Young Kwon Interim Minister of Music Ms. Catherine Dubas Parish Administrator Ms. Maria Bottlick Bookkeeper Mr. John Otwell Sexton

> Vestry and Parish Officers

Mark Patterson Senior Warden

Cindy McLaughlin and Camille Mittelholtz Junior Wardens

> John Westerlund Treasurer

PJ Kennedy Assistant Treasurer

> Molly Newling Register

James Carroll Dick Crutchely Rotha Frye Jack Miller Kathleen Stark

Catherine Dubas Newsletter Editor

Schedule of Services

<u>Sundays</u>

8:00 a.m. Holy Eucharist 9:15 a.m. Christian Formation for All Ages 10:15 a.m. Holy Eucharist & Children's Chapel (Nursery available at 9:00 a.m.)

Wednesday Morning

10:00 a.m. Worship (Holy Eucharist and Healing on the first Wednesday of each month)

Vestry Highlights - September 2017

Much of the time during the September meeting was spent drafting a Vestry Statement on Stewardship. After reading and deliberating on Matthew 6:24-33 (No man can serve two masters...) we split into three groups to compose statements on what we believe, commit to, and invite the congregation to do for Stewardship.

The kick-off date for the Campaign will be October 8; Ingathering will be October 15. One of the features of this year's Campaign will be working toward modeling and teaching Stewardship practices to our children and youth, including regular giving, which will include providing donation envelopes to Church School members.

Other business included a report from the Finance Committee on the review of the restricted accounts of the Church, with a goal of consolidating or closing those funds which no longer are active. The Finance Committee also is planning a revision of the 2017 annual budget to reflect changes to the anticipated income and spending.

What's in a Name?

Suggestions were submitted and reviewed. It was a tough decision, but John Otwell (see article on p. 6) has decided that the courtyard area between the front of the building and the Education Wing will be the Peace Patio. Congratulations to Grace Robbins and Lyn Harris, who both made the suggestion.

Other suggestions included The Cloister Garth (the garth garden was a symbolic area of the medieval monastery cloister), God With Us Garden, Courtyard, Community Courtyard, Fellowship Court, Courtyard of Kindred Souls, St. Martha's Yard (think of Martha's quiet and unassuming service, the patron saint of servants and cooks), St. Barnabas' Bistro, and Michael McAllister Courtyard (honoring Michael and others who died in a plane crash in 1961).

Thank you to everyone who made a suggestion, and to Senior Warden Mark Patterson and all those who have worked to make the area both relaxing and beautiful! See you on the Peace Patio!

December/January Reporter Deadline

The deadline for the December/January combined issue of The St. Barnabas' Reporter is November 15th. Please submit announcements and/or photos to Catherine in the parish office at <u>stbarnabaschurch@outlook.com</u>. Hard copies of announcements and photos are welcome, as well. Thank you.

St. Barnabas' Mission: Serving our community, the world, and each other through the love of Jesus Christ.



Annual Meeting—November 19th at 9:00 a.m.

This year's Annual Meeting will be on Sunday, November 19th between services. There will be no change to the regular service schedule.

Please plan to attend. We will have annual reports to receive, and the election of vestry members for the important time ahead. If you have a name to put forward please feel free to contact a mem-EPISCOPAL ber of the Nominating Committee:

> Mark Patterson Cindy McLaughlin Molly Newling Rotha Frye

We thank Mark, Cindy, Molly, and Rotha for their work on putting together the next ballot of vestry members, and for their service on the vestry for the past three years.

Adult Forum

Our Adult Forum meets Sundays at 9:15 a.m. in the Richardson Room. The November program includes:

November 5 Ministry to Veterans - Jeff Stevens

November 12 Everything You Wanted to Know About Episcopal Church Practices, but Were Afraid to Ask - Carol Cole Flanagan, Interim Rector

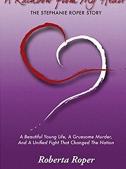
November 19 Annual Meeting beginning at 9:00 a.m. in the Richardson Room (note early start time)

November 26 New Vestry Introductions

Beginnings

On Monday, November 6th, the Beginnings book group will be discussing A Rainbow From My Heart, The Stephanie Roper Story by Roberta Roper. It is the story of their family's tragedy, and how their faith and the help of their church friends and community turned something evil into something good. Please let the Starks know if you are interested in participating. There are three books still available and more can be ordered; they are \$15.95 each.

The meeting will be at the home of Kathleen and Larry Stark, 8509 Lakinhurst Lane, Springfield at 7:30 p.m. You can reach Kathleen at knstark72@gmail.com or 703 569-8760.



In Memoriam



Bob Bell Long-time parishioner September 2017 South Carolina

Dr. Richard C. Fisher

Father of Barbara Metz October 2, 2017 Springfield, Virginia

Marjorie Williams

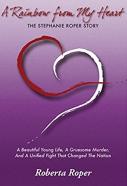
Long-time parishioner October 7, 2017 at the age of 105 years, 11 months Great Falls, Virginia

Tom Ledingham

Partner and companion of Gina, daughter of the Crutchleys October 14, 2017 Denver, Colorado

> **Sharon Badger** Sister-in-law of Peter Badger October 21, 2017 Seattle, Washington

Rest eternal grant to them, O Lord; and let light perpetual shine upon them. May their souls, and the souls of all the departed, through the mercy of God, rest in peace. Amen.



ACCA News—Annandale Christian Community for Action

Past and present ACCA volunteers and ACCA Child Development Center (CDC) staff celebrated ACCA's 50 years of service to our neighbors October 3 at Queen of Apostles Catholic Church. ACCA was formed in 1967 to respond to an urgent need for day care for children who were left without affordable day care when income requirements for subsidies changed.

St. Barnabas' has been involved in ACCA since the beginning. The Reverend Bob Lyles was one of the early clergy supporters, and Janet George and Karen Steidel were early volunteers at the day care center. Since the early days, many St. Barnabas' volunteers have served a number of ACCA programs including furniture delivery, Christmas in April/Rebuilding Together, food donation and delivery, transportation to medical appointments, the CROP Walk, and laundering cot and crib sheets



for the CDC. Sue Erskine was a long time employee of the CDC, and Judy Falkenrath was the CDC director for a number of years. Also, Fred and Wanda Warren volunteered for ACCA for many years as members of Immanuel United Methodist Church.

St. Barnabas' ministry with ACCA continues strong. We are scheduled to volunteer at the ACCA furniture ministry on December 2. Volunteers report at 8 am to the furniture warehouse at Annandale United Methodist Church, 6935 Columbia Pike. Volunteers pick up donations and deliver furniture to needy households.

The Annandale CROP Hunger Walk that was held October 14 at Lake Accotink Park raiser much-needed funds for the food pantry. Thanks to our walkers Michael Dugger, Bob & Connie Gribbin, Fred & Wanda Warren, and Dana Wiseman. Thanks also to volunteers Bonnie Baldwin, Elsa & Scott Cannon, and Ken & Camille Mittelholtz. The walk benefits both Church World Service (CWS), which funds programs for hunger, disaster and refugee relief and sustainable development and ACCA. It's not too late to contribute to this effort. To make a donation, please see Camille Mittelholtz or a walker. Checks can be made payable to CWS/CROP with Annandale/ACCA in the memo line.

The Holiday Baskets program connects families in need with sponsors who provide groceries for Thanksgiving and/ or a Christmas meal and gifts for children. If you would like to sponsor a family, please contact Mary Lee Dispirito at <u>ddmld@verizon.net</u>, or Camille.

If you participate in a workplace giving campaign, please consider designating gifts to ACCA. ACCA's United Way designation code is 8058. ACCA's Combined Federal Campaign designation code is 58934.

The joint Shepherd's Center –ACCA transportation program provides rides to medical appointments. The program is seeking additional volunteer drivers.

November events-

-ACCA volunteer luncheon, November 4, Noon at Providence Presbyterian Church.

-Scouting for Food Boy Scout drive, November 11, to collect food for ACCA's pantry.

-ACCA Ecumenical Thanksgiving Service, Tuesday November 21, 7:30 p.m., at Mount Pleasant Baptist Church, 6477 Lincolnia Rd., Alexandria 22312.

For more information about ACCA, please contact Camille or Ken Mittelholtz at 703 573-0074 or email <u>kcmit-telholtz@gmail.com</u>.

- Camille Mittelholtz

The Women of St. Barnabas'



The Backbone of St. Barnabas': Interview With John Otwell

by Grace Robbins

If each one of us is a member of the body of Christ, then John Otwell, sexton, is the backbone of St. Barnabas.' We had a chance to find out a little more about this essential gifted and devoted member of our community.

Q: Where are you from?

A: I was born in Atlanta, Ga. We relocated to Edsall Park in Springfield, Va., when I was around five years old.

Q: Do you have family close by? Pets?

A: I am the second of five boys (Jimmy, Johnny, Perry, Russell, and Bill) All my brothers live pretty close, from the Eastern Shore in Md., to Fredericksburg, Va. My parents live in Roanoke, Va. I don't have any pets at this time but have had everything from dogs to horses and even raised turkeys once.

Q: What do you like to do outside of work?

A: I enjoy outside activities mostly fishing.

Q: What led you to your current job/line of work?

A: I was told from early testing in school I was destined to be an engineer and found that I really enjoy fixing and building things. If it's broken and I can take it apart, I can put it back together and make it work.

Q: What do you like best about your job? St. Barnabas?

A: What I enjoy most about St. Barnabas is being part of the congregation, I can come to service and most of the congregation know my name and tell me they appreciate what I do for the church.

Complete these statements:

If I had more time in a day, I would...

John: Spend it on private meditation, while fishing.

My favorite form of worship is...

John: At the end of the day saying my private prayers, but I also enjoy Sunday service and meeting friends.

My mission statement for my John: To make people smile.

Q: Anything else? (i.e., favorite music, poem, food, color; areas in which St. B. could improve; anything)

A: My favorite music is all over the charts and includes oldies, from Elvis, Righteous Brothers, and Dianna Ross to newer songs by Sara Bareillas, Mary J. Blige, Johnny Clegg and Savuka, Pink, and The Cure, to name a few. My favorite poem, is by Dylan Thomas, "Do Not Go Gentle into That Good Night." My favorite food is Chef Boyardee pizza and my favorite color is canary yellow. Finally, the thing I would do to improve St. Barnabas' would be to trim the tree in front to show more of the Church entrance. That's it! Peace. Photo below: John Otwell, second from left



Congratulations to Cindy McLaughlin, Alusine Kanu

Congratulations to Cindy McLaughlin for her recent recognition by Mary Marshall Assisted Living—Volunteers of America for her outstanding dedication and support. Cindy has served on their Board of Advisors since its inception in 2012/2011. The home is the first collaboration between a county and Volunteers of America. The home serves the mentally and/or cognitively impaired adults age 55 and older.

Congratulations also on Cindy's first successful term in a course of study on Substance Abuse Counseling with Northern Virginia Community College.

Congratulations to Dr. Alusine Kanu who recently completed all the requirements for a Doctoral degree in Pastoral Community Counseling, with a concentration in Multicultural Counseling.

Acolyte Festival Washington National Cathedral Saturday, October 7, 2017







Shrine Mont Parish Retreat Transitions: Finding God in the In-Between Times

What a wonderful time we had at Shrine Mont this year! The weather was perfect, although it did get pretty chilly at night. Food at Shrine Mont is delicious and there was plenty of it.

The adults had four sessions led by our friend Jeremy Sullivan. He provided topics that were thought-provoking as well as spiritually uplifting

Friday pm: Promises Gone Awry: Living in the "Not Yet"

Saturday morning: *Spirituality for People on the Journey*

Saturday afternoon: When the Journey Gets Dark

After the second session, we had "free time" where we could relax, explore, attend the healing labyrinth walk led by Jeremy and/or the Yoga for Friends class led by Jocelyn Leatherwood. There was also an historical walk around Shrine Mont where the guide explained some of the history of the area as well as Shrine Mont itself.

Sunday afternoon: Lead Me, Guide Me: Walking with the God of the Journey

We were blessed to be able to join the members from St. Albans' and St. Clements' for the Holy Eucharist on Sunday morning at the Shrine. Having that special service at the Shrine was so uplifting. All of us felt closer to God in that place.

The children had a splendid program for the weekend led by Sydney Harrington, granddaughter of Kathleen and Larry Stark. They had a fun time. At the last session they showed off their decorated memory boxes that they had made so that they would have a special place to keep the important treasures from the weekend.

Next year, St. Barnabas' Parish Retreat is scheduled for Friday, September 28 through Sunday, September 30. Please save the date so that you will be able to join us. - Ann Sayles



Make a joyful noise!



Sydney Harrington Children's Program Leader



Jeremy Sullivan, Program Leader

Prayers for Healing



Prayers for healing are offered every Sunday at the 8:00 am worship service. If you desire prayers for yourself or others, you are invited to return to the altar rail following the dismissal. You will be met by persons who will pray with you and for you. In addition, a service of healing is included with Holy Eucharist on the first Wednesday of each month at 10 a.m. in the Library.

Thanks and More Thanks to...

- Molly Newling, Grace Robbins, Mark Patterson, Bonnie & Gil Baldwin, and Catherine Dubas for preparing the stewardship invitation letters for mailing.
- Larry Stark and the Men's Group for another wonderful Oktoberfest!
- Stephen Ackert for the Afternoon of Architectural Delights church tour on October 28th
- The Duggers, the Carrolls, the Westerlunds, Lyn Harris, and all the parents who gave leadership to our participation in the Washington National Cathedral Acolyte Festival that draws people from across the country. We had 11 participants!
- Leigh Kennedy for taking on the leadership of the Children's Choir.
- John Westerlund, our new Treasurer.
- Librada Estrada and the members of the Youth Committee for their planning and leadership of our ministries with young people.
- Rotha Frye for her leadership of ASYP.
- Art Hamerschlag for his leadership of the Endowment Board.
- Gil Baldwin, Grace Robbins, Molly Newling, Maria Macfarlane, Mark Patterson and James Carroll for their many efforts on behalf of stewardship this year.
- A big thank you to our vestry members completing their terms this year: Mark Patterson, Cindy McLaughlin, Molly Newling, and Rotha Frye.

Placing Ourselves in the Presence of God

We pray for God's presence, strength, and healing ... for Bernard Blair, Emma Blevins, Jean Anne Braddon, Ellen Crutchley, Matthew Dugger, Fred Holmes, Carolyn Kercheval, Tom Lyles, Cindy McLaughlin, Marion Meany, Jean Mesle, Barbara Metz, Jane Moya, Berenice Palmer, Paul Palmer, Aliyah Phillips, Ann Sayles, Frank Spink, Larry Stark, Fred Warren, Dana Wiseman, and Ann Woodle.

For the Church ... the Archbishop of Canterbury, Justin Welby; our Presiding Bishop, The Most Rev. Michael Bruce Curry; and our Diocesan Bishops, The Rt. Rev. Shannon S. Johnston, The Rt. Rev. Susan E. Goff, The Rt. Rev. Edwin F. "Ted" Gulick, and their families.

For our Interim Rector, The Rev. Canon Carol Cole Flanagan and her family; for Jeff Stevenson, seminarian; for our vestry, wardens, and staff; and for the work and ministry of Espiritu Santo and its mission of San Martine, Tela, Honduras.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			All Saints' Day 1	2	3	4
			10 am Holy Eucharist with Healing - L	10 am Barnabees - RR	11 am Funeral Mariaria Williame	Diocesan Convention Glen Allen, VA
			3:45-6 pm ASYP – RR			8 am - Men's Breakfast Iute Boy Diner
			7:00 pm AA – RR 7:30 pm Endowment Bd – L 7:30 pm Adult Choir - EW	7 pm Ryders' Rounders - RR		9 am Working Together (until 11:30 am)
All Saints' Sunday 5 End Daylight Savings	9	2	8	6	10	Veteran's Day 11
8:00 am Holy Eucharist 9:00 am Children's Choir – CL	10:00 am Al Anon - RR	10 am WOSB - RR	10 am Morning Prayer- L	10 am Barnabees - RR	Parish Office Closed	
9:15 Adult Forum 10:15 am Holy Eucharist <i>After Service</i> : Officers' Mtg – RO	3:45-6 pm ASYP - RR	3:45-6 pm ASYP - RR	3:45 pm ASYP - RR			
1:00 Oneness Mission (until 3:30 pm) 4:00 pm FACETS Team 1	7:30 pm Beginnings – Starks' home	(No Yoga) 7:00 pm South Fairfax Region Meeting - RR	7:00 pm AA - RR 7:30 pm Adult Choir - EW	7 pm Ryders' Rounders - RR		
23 Pentecost Youth Sunday	13	14	Reporter Deadline 15	16	11	18
8:00 am Holy Eucharist 9:15 Adult Choir - CL	10:00 am Al Anon - RR		10 am Morning Prayer - L	10 am Bazaar Set-up		10 am WOSB Bazaar
9:15 am Adult Forum, Rite 13 10:15 am Holv Eucharist		12:00 pm Clericus				Sarta's Sleigh
After Service: Children's Choir -	3:45 pm ASYP - RR	3:45 pm ASYP - RR	3:45 pm ASYP - RR			Christmas Bazaar
1:00 Oneness Mission (until 3:30 pm) 4:00 pm Girl Scouts - EW	7:00 pm Finance Committee - L	6:30 pm Yoga – RR 7:00 pm Building & Grounds - L	7:00 pm AA - RR 7:30 pm Adult Choir - EW	7 pm Vestry - EW (No Ryders' Rouders)	6 pm Bazaar Preview Party - RR	(until 2 pm)
24 Pentecost 19	20	21	22	Thanksgiving 23	24	25
8:00 am Holy Eucharist 9:00 am Annual Meeting, Rite 13 & Godly Play <i>(early start</i>)	10:00 am Al Anon - RR		10 am Morning Prayer - L	Parish Office Closed	Parish Office Closed	
& Coury rist (carry stary 10:15 am Holy Eucharist & Children's Chanel	3:45 pm ASYP - RR	3:45 pm ASYP – RR	(No ASYP)			
After Service: Children's Choir - EW		(No Yoga) 7:30 pm Ecumenical]]]]]			
1:00 Oneness Mission (until 3:30 pm) 5-9:30 pm Rented event - Nave		Thanksgiving Service Mt. Pleasant Baptist	7:30 pm AA - KK 7:30 pm Adult Choir - EW			
Last Sunday after Pentecost 26	27	28	29	30		
8:00 am Holy Eucharist 9:15 Adult Choir - CL	10:00 am Al Anon - RR		10 am Morning Prayer - L	(No Barnabees)		
No Christian Formation today 10:15 am Holy Eucharist	3:45 pm ASYP - RR	3:45 pm ASYP - RR	3:45 pm ASYP - RR			
1:00 Oneness Mission (until 3:30 pm)		6:30 pm Yoga – RR	7:00 pm AA - RR 7:30 pm Adult Choir - EW	7 pm Ryders' Rounders - RR		

► November 2017 - St. Barnabas' Episcopal Church Activities ◄

As of 10/24/2017 Legend: L - Library; RR -Richardson Room; EW - Education Wing; ASYP - Annandale Safe Youth Project; MOMS - Moms Club of Annandale; CL - Choir Loft; GWAA - George Washington Alumni Association; AUMC - Annandale United Methodist Church; RO - Rector's Office

If you cannot serve as assigned, please find a replacement and notify the Altar Guild Chair / Team Captain / Parish Office. Thank you. ► November 2017 Schedule of Participants – St. Barnabas' Episcopal Church ◄ Church Office: 703-941-2922 email: StBarnabas Office@vacoxmail.com

DATE	ACOLYTES	LECTORS	READINGS	CHALICISTS	USHERS	COFFEE HOUR HOSTS	OPENERS / GREETERS / VESTRY-CLOSERS
November 5 8:00 am 22 Pentecost 10:15 am	Jennifer Henry TBA	L Mellon C Camp Shirley Newman George Sinclair	<u>Revelation 7:9-17</u> Psalm 34:1-10, 22 1 John 3:1-3 Matthew 5:1-12	M Macfarlane S Newman G Sinclair	Charles Camp Robin Erskine Cy Tamanaha	8am: Maria Macfarlane & Margaret Donnelly 10:15: Camile & Ken Mittelholtz	Vestry: C Mittelholtz Opener: M Patterson Greeter: P McKoy Greeter: K Steidel Flowers: Betty Jo Fortune
November 12 8:00 am 23 Pentecost 10:15 am	C McLaughlin TBA	C McLaughlin B Rigden E Crutchley M Patterson	<u>Joshua 24:1-3a, 14-</u> <u>25</u> <u>Psalm 78:1-7</u> <u>1 Thessalonians</u> <u>4:13-18</u> <u>Matthew 25:1-13</u>	B Rigden E Riddle M Dugger	Dottie Rogerson Art Hamerschlag Tim Greer	8am: Mary Yeaman & Deborah Batten 10:15: Youth	Vestry: J Miller Opener: C McLaughlin Greeter: C Badger Greeter: P Badger Flowers: Dana Wiseman
November 19 8:00 am 24 Pentecost 10:15 am	C McLaughlin TBA	M Macfarlane L Mellon L Harris M Dugger	<u>Judges 4:1-7</u> Psalm 12 <u>3</u> 1 Thessalonians 5:1 <u>-</u> 11 Matthew 25:14-30	C McLaughlin M Patterson A Sayles	Charles Camp Art Hamerschlag Ken Mittelholtz	8am: Betty Jo Fortune 10:15: Librada Estrada & Janice Carroll	Vestry: R Frye Opener: M Macfarlane Greeter: S Erskine Greeter: R Erskine Flowers: Hugh Agnew
November 26 8:00 am Last Pentecost 1015am	Jennifer Henry TBA	C Camp B Rigden A Riddle E Riddle	<u>Ezekiel 34:11-16.</u> 20-24 <u>Psalm 100</u> Ephesians 1:15-23 Matthew 25:31-46	M Macfarlane G Sinclair S Newman	Stephen Ackert Alusine Kanu Larry Stark	8am: Lita Mellon & Dottie Rogerson 10:15: Janet George & Molly Newling	Vestry: K Stark Opener: M Newling Greeter: A Radway Greeter: A Kanu Flowers: Dugger Family

Counter Schedule - November

DATETEAMNov 54Crutchley, Newling, LilienthalNov 121Hamerschlag, K Mittelholtz, L StarkNov 192Braddon, G Baldwin, B BaldwinNov 263C Mittelholtz, J Miller			
4 - 0 0	DATE	TEAM	
∞ /⊃ /	Nov 5	4	Crutchley, Newling,Lilienthal
3 2	Nov 12	١	Hamerschlag, K Mittelholtz, L Stark
3	Nov 19	2	Braddon, G Baldwin, B Baldwin
	NoV 26	3	C Mittelholtz, J Miller

Altar Guild Schedule - November

DATE	CAPTAIN	TEAM
Nov 4-10	Robbins	Leatherwood, Radway
Nov 11-17	G Jones	Badger, Carroll (Sun only), S Jones
Nov 18-24	Lilienthal	Anderson, Newling
Nov 25-Dec 1	Miller	Kiely, Yeaman

As of 10/20/2017



ST. BARNABAS' EPISCOPAL CHURCH

4801 Ravensworth Road Annandale, VA 22003

Phone: 703-941-2922 E-mail: stbarnabaschurch@outlook.com

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