

October 2022

The St. Barnabas' Reporter



Faithful Encouragements This Fall

Dear Church Family,

With the feast day of St. Clare on August 11th, and the feast day of St. Francis on October 4th, it seems fitting that many parishes celebrate a more informal “Season of Creation” in the fall. It also helps that the autumnal equinox in the northern hemisphere usually makes for more comfortable temperatures on our particular “stretch” of the earth’s sphere during this particular portion of our planetary journey around the sun. Our parish retreat to Shrine Mont from September 30th to October 2nd will be an opportunity to appreciate the Shenandoah Valley and recognize God’s presence and artistry outside the busy rhythms of life here in Northern Virginia. Our plans for an outdoor celebration of St. Francis Sunday on October 9th (weather permitting) with a Blessing of the Animals as well as with Baptisms gives us another gift—an opportunity for rejoicing and giving thanks for God’s generosity in our lives. This is especially important as we prepare for our own Stewardship season and as we consider the fruits of our labor over the course of the past year, as well as our hopes and plans for the year to come.

God’s generosity doesn’t just show up in the abundant variety of nature. God’s generosity can also be present in the technological tools of our lives—and, God’s wisdom and generosity is perhaps easiest to recognize and appreciate in the immense variety of life outdoors. At the same time that a celebration of divine wisdom in nature is an important part of St. Francis’ legacy, St. Francis’ gift can also be recognized as a wise approach to the exercise of prayer—for example, his most famous prayer (found on page 833 of our own Book of Common Prayer), asks in part, “...that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive.”

For me, our St. Francis Sunday helps to orient us toward All Saints’ Sunday, when we’ll have an opportunity to remember and appreciate all those

(continued next page)

The Rev. John Bolin Shellito
Rector

SPECIAL POINTS OF INTEREST

- *A “Note” from David Palmer: The Church Has Left the Building*
- *Stewardship: Do Not Be Afraid*
- *A Collect for St. Francis of Assisi*
- *Women of St. Barnabas’ Fall Bazaar - Saturday, November 12, 2022*
- *If You Plant Them They Will Come - Monarchs Arrive at St. Barnabas’*

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St. Barnabas’ Mission:
Serving our community, the world, and each other
through the love of Jesus Christ

**St. Barnabas'
Episcopal Church**

4801 Ravensworth Road
Annandale, VA 22003
703-941-2922

Parish Staff

The Rev. John Bolin Shellito
Rector

David Palmer
Music Minister

Catherine Dubas
Parish Administrator

Maria Bottlick
Bookkeeper

James Harris, *Sexton*

Delilah Stearns, *Nursery*

Randall Jones
2022 ASYP Tutor Coordinator

Vestry & Parish Officers

Ellen Riddle
Senior Warden

Larry Stark
Junior Warden

John Westerlund
Treasurer

PJ Kennedy
Assistant Treasurer

Ann Sayles
Register

Behn Ayala

Sam Batten

Sheena Friend

Beth Harper

Shirley Newman

Norma Ricketts

Dawn Schaefer

—
Catherine Dubas
Newsletter Editor

**Sunday
Worship Schedule**

8 a.m. Holy Eucharist

10:15 a.m. Holy Eucharist

Faithful Encouragements *(continued from p. 1)*

who have given to us, and whose legacy we join when we share the gifts we have received. That includes gifts of life, purpose, and inspiration. Are there particular individuals whom you are remembering, who are now in your “cloud of witnesses”, and whom you can imagine cheering you on as you undertake your own spiritual path this fall? As I write this, I’m mindful of King Charles III’s inaugural speech, in which he shared his appreciation for his mother and the powerful encouragement Queen Elizabeth II gave him by her altruistic speech and actions. Are there matriarchs and patriarchs in your life who have encouraged you in your approach to service? Are there particular individuals you are remembering this fall, who have helped you gain a deeper understanding of God’s presence, with you and for you?

Our lectionary this season brings us through some good sections of First and Second Timothy—wise words in the tradition of an “ethical will” of sorts, shared by Paul with one of his closest disciples. I wonder if this remembrance can be an encouragement for all of us, to consider the wisdom and encouragement that we have received and that has stayed with us, not only from St. Francis, but also from the other more informal and less recognizable “saints” in our lives.

Blessings,
John+

Recently Moved

Stephen Ackert

1003 S. Irwin Ave. ▪ Green Bay, WI ▪ 54301-3127

Reporter Deadline, Office Hours, and Schedule

The deadline for the November 2022 issue of *The St. Barnabas’ Reporter* is **Saturday, October 15**. Please submit announcements and/or photos to the Parish Office at stbarnabaschurch@outlook.com. Hard copies of announcements and/or photos are welcome, as well. Regular Office hours are Monday through Thursday from 9:00 a.m. to 4:00 p.m.; the Parish Administrator works remotely on Fridays.

Reminder: From Monday, September 19 through Monday, October 3 the Parish Office will be staffed by volunteers (M-Th 9 AM-4 PM). They will be checking voice mail messages. The Administrator will catch up on email messages beginning October 4.

The office will be closed on Monday, October 10 for the Columbus Day/Indigenous People’s Day holiday.

A "Note" from David Palmer *The Church Has Left the Building*

by David Palmer, Music Minister

I was leading an Adult Forum on music at our church in North Carolina, and I said, "Suppose All Saints burned down, and our beloved organ and all instruments were reduced to ashes. Would that be the end of our worship?" I think I was hoping for a resounding, "No!" but there was a hesitation, and finally someone said, "Music is really important to us," and the conversation went a different direction without answering my question. Thankfully, most of us have never had to face the destruction of a church building and its musical instruments - the history of St. Barnabas has been one of construction and addition. But, in recent years, more churches in the U.S. and the U.K. have been closing than opening.

Sara and I just returned from a trip to the U.K. where we visited several church buildings. During a family holiday in Wales, we stuck our head in St. Illtyd's Church in Pembrey. The parish was founded sometime in the late 11th century, but the oldest remaining part of the building, the nave, dates to the 13th century. A cleaning lady told us that 20 people attend the church (only one man) and that they are too small to have a vicar, so they have Morning Prayer. (See photo of St. Illtyd's at right.)

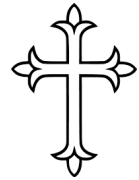


Visiting another chunk of the family, we had numerous excursions on the south coast, near Bournemouth, including trips to Brownsea Island and Christchurch. Brownsea Island is the home to St. Mary's Parish where, since the 19th century, they've had to answer the question, "Suppose your church had no electricity. Would that be the end of your worship?" The answer in this case has been a resounding, "No!" Their small congregation worships by daylight or candlelight, the wind for the pipe organ is produced by some kind soul pumping a handle (this used to be done by acolytes!) and the wind for the harmonium by one's feet. (See a video of David playing it here: <https://youtube.com/shorts/JiLGtebz8Ws?feature=share>)



rest in peace. Amen.

In Memoriam



**Lynda Ann
Woodle**

September 2, 2022

Lonaconing, Maryland



Emma Lou Blevins

June 4, 2022

Bluefield, Virginia



*Rest eternal grant
to your servants, O Lord;
and let light perpetual
shine upon them.
May their souls, and the
souls of all the departed,
through the mercy of God,
rest in peace. Amen.*

BCP p. 503

(continued on next page)



October

Dottie Roberson
Jonathan Barber
James Carroll
Marilyn White
Charles Camp
Connie Badger
John Rogerson
Hailey Cannon
Dawn Schaefer
Carolyn Lilienthal
Helen Mosher
Nancy MacLachlan
Walter Bottlick

O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

BCP p. 830

The Church Has Left the Building *(continued from p. 3)*

Christchurch Priory goes back to the 11th century, but it was built on the site of an earlier church dating from 800 C.E. (building and rebuilding!). *(See photo of Christchurch Priory at left.)*

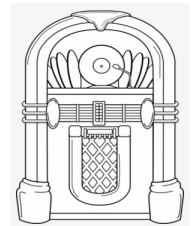
On our last weekend, the extended family and a passel of friends attended the wedding of our niece on an organic farm near a charming village called Goathurst. The weather permitted holding the ceremony outdoors, and the wedding was eclectic and joyful, including “secular” music for the procession and recession, poetry, scripture, prayer, and Christ-centered worship. At one point, a thought pressed itself upon me: “The church has left the building!” The institution of the church was still there in the form of Lauren, the vicar, who wore signs of the institution (her collar and alb), spoke naturally, made jokes, and eased us through transitions or any difficulties (the bride’s dress got caught on a plant), but who led the couple through the traditional vows and pronounced the blessing. We didn’t need the building, and I am sure that if the power had gone out and my gifted musician nephew hadn’t been able to play the electric keyboard or sing through the P.A., the same spirit of joy would have been there.

So, the church, the body of Christ, the followers of Jesus, have met in different buildings over the centuries - an upper room (no instruments there), catacombs, homes, and buildings full of religious symbols – but the church goes on even when it has no buildings. As Peter says, all of us, “...like living stones, are being built into a spiritual house.”

David

Men’s Group

The Men’s Group meets for a Men’s Breakfast on the first Saturday of each month. The September date is Saturday, October 1st. We meet at the Juke Box Diner, 7039 Columbia Pike, Annandale. All men of the parish and their guests are welcome to attend. For more information please contact the Parish Office.



Birthdays



We include a list of birthdays in each issue of the Reporter. Please make sure your information in Realm (our parish database) is up-to-date. Also, please contact the Parish Office if your name is missing and you would like it included.

October 2022



Dear St. Barnabas',

We are so proud of the resilient people who call St. Barnabas' Episcopal Church their home and who have chosen to share how their life was changed in our community. Whether folks have worshipped with us their whole lives or found us online during the pandemic, this congregation shows its love of Jesus through the ministries you make possible. We've been through so much in the last couple of years – from the declaration of the pandemic to the loss of beloved matriarchs and patriarchs of our community, and schools and businesses shut down – it would be easy for us to give into fear.

Do Not Be Afraid. God reminds us that we are not alone. God sends a messenger to gift this message, to encourage, and when we come together as a community of faithful witnesses, we can work together to transform the world.

2022 is indeed an exciting year of ministry at St. Barnabas, where we are the voice of love for one another in a world so in need of love!

Over the next five weeks during worship, you will hear Ministry Moments about ministries that continue to thrive at St. Barnabas through our '**Do Not Be Afraid**' story series. Some of the ministries that have been possible due to your generosity include: FACETS, ACCA, Caritas, Sunday Morning Outdoor Worship Services, Adult and Youth Christian Education Programs, Sacred Ground, Education for Ministry, Flower Delivery, our Music Ministry, Shrine Mont, the Altar Guild, the Work of the Regathering Committee, the United Thank Offering, and our support for our sister church, Iglesia Episcopal San Juan Bautista in Cuba.

Please join me and all vestry members at St. Barnabas' with your 2023 annual pledge. Your generosity during these transformational days is essential to the St. Barnabas' community in which we live. God has given us all we need, and it is our great joy to give back.

As you make your pledge for 2023, we ask that you prayerfully consider how you can continue to meet the needs of the community through St. Barnabas' Church by offering your time, talent, and treasure.

In Christ's Name,

Your Stewardship Committee

Behn Ayala (Chair), Grace Robbins (Co-Chair); Maria Bottlick, Cricket Camp, Maria Macfarlane, and Ellen Riddle.

Annandale Christian Community for Action (ACCA) News & Opportunities

The Annandale CROP Hunger Walk will be on Saturday October 15 at Lake Accotink Park, starting at 8 a.m. You are invited to walk, or to donate to support St. Barnabas' team members. To register to walk or to donate online, please see <https://events.crophungerwalk.org/2022/team/st-barnabas-episcopal>. You can also donate by check payable to CWS/CROP or to the church (CROP Walk in the memo line), or give online through Realm. The Walk raises funds for Church World Service and ACCA to fight hunger and poverty and respond to disasters and displacement around the world, in the U.S., and locally.



The ACCA Furniture Ministry delivers furniture to families who need it and picks up donations of gently used furniture. St. Barnabas' is scheduled to provide volunteers on Saturday, October 8, and we need a crew. Volunteers report at 8 a.m. to the warehouse at Annandale United Methodist Church located at 6935 Columbia Pike, Annandale.

There have been many requests for food from the ACCA pantry this summer, and the shelves need to be re-filled. Food donations may be left in the basket in the narthex at St. Barnabas'. You can also donate through local collection sites for ACCA: Giant Food at 7137 Columbia Pike will have a cart for donations to ACCA through mid-October, and the Mason District Police Station, 6507 Columbia Pike, will collect food on October 6 and November 3. A list of most needed items is available at <https://accacares.org/foodpantry/>

The Shepherd Center of Annandale/Springfield and ACCA provide transportation for seniors to medical appointments and grocery shopping. Volunteer drivers are needed. If you can help, please email shepherdscas@vacoxmail.com or phone 703-941-1419 (M-F 10 a.m. to 1 p.m.).



To volunteer, or to find out more information about ACCA, ACCA Furniture, or the CROP Walk, please contact Ken or Camille Mittelholtz or the Parish Office.

The Collect for St. Francis of Assisi

Most high, omnipotent, good Lord, grant your people grace to renounce gladly the vanities of this world; that, following the way of blessed Francis, we may, for love of you, delight in your whole creation with perfectness of joy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

► **October 2022 Schedule of Participants – St. Barnabas' Episcopal Church ◀**

If you cannot serve as assigned, please find a replacement and notify the Altar Guild Chair / Team Captain / Parish Office. Thank you.

Church Office: 703-941-2922 email: stbarnabaschurch@outlook.com

The 10:15 a.m. service will continue to be livestreamed each week. Please check your email or the parish website for the link.

DATE	ACOLYTE	READINGS	PRAYERS	CHALICISTS	USHER	10:15 AM COFFEE HOUR	OPENER / VESTRY-CLOSER
October 2 17 Pentecost Parish Retreat Weekend <i>One service at 9:00 am</i>	TBD	S Newman Habakkuk 1:1-4, 2:1-4 Psalm 37:1-10 2 Timothy 1:1-14	G Sinclair	G Sinclair S Newman	TBD TBD	Mittelholtz	Vestry: Harper Opener: Mittelholtz Flower Guild: Radway Flower Del: Fortune
October 9 18 Pentecost Feast of St. Francis <i>(transferred)</i> 8:00 am <i>Indoor service</i> 10:15 am <i>Outdoor service</i>	TBD TBD	M Patterson B Harper Job 39:1-18 Psalm 121 Matthew 11:25-30	M Patterson E Riddle	M Patterson E Riddle M Macfarlane	TBD TBD	Peyton	Vestry: Stark Opener: Patterson Flower Guild: Newling Flower Del: Agnew
October 16 19 Pentecost <i>One service at 9:00 am</i>	TBD	M Macfarlane Genesis 32:22-31 Psalm 121 2 Timothy 3:14-5	M Dugger	M Dugger C McLaughlin	TBD TBD	Greer	Vestry: Ayala Opener: Newling Flower Guild: Donnelly Flower Del: Dugger
October 23 20 Pentecost 8:00 am 10:15 am	TBD TBD	C Camp C Mittelholtz Jeremiah 14:7- 10,19-22 Psalm 84:1-6 2 Timothy 4:6-8,16-18	C Camp L Harris	M Patterson S Newman G Sinclair	TBD TBD	Newling, Harper	Vestry: Batten Opener: Patterson Flower Guild: Merchant Flower Del: Riddle
October 30 21 Pentecost 8:00 am 10:15 am	TBD TBD	M Macfarlane H Agnew Isaiah 1:10-18 Psalm 32:1-8 2 Thessalonians 1:1- 4, 11-12	M Macfarlane K Stark	B Macfarlane C McLaughlin E Riddle	TBD TBD	Bottick	Vestry: Friend Opener: Ayala Flower Guild: Radway Flower Del: Riddle
November 6 All Saints' Sunday 8:00 am 10:15 am	TBD TBD	B Macfarlane M Dugger Daniel 7:1-3,15-18 Psalm 149 Ephesians 1:11-23	B Macfarlane B Harper	M Patterson G Sinclair S Newman	Williams TBD	Mittelholtz	Vestry: Harper Opener: Newling Flower Guild: Wiseman Flower Del: Agnew

Please see reverse for Counter and Altar Guild Schedules.

October 2022 continued

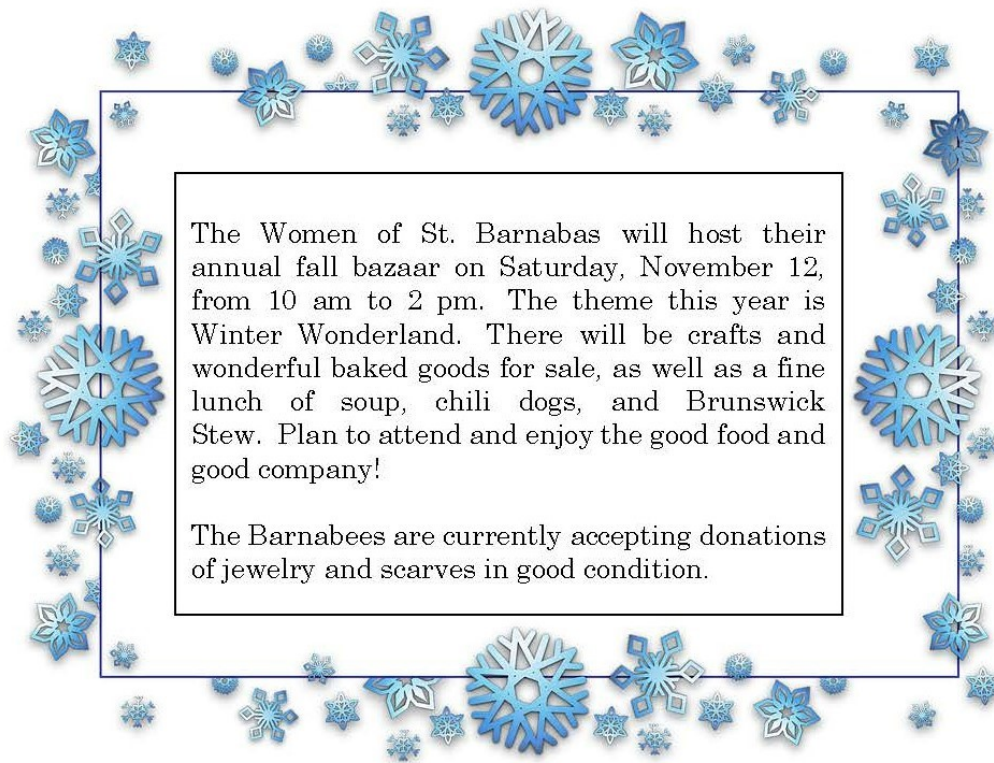
Counter Schedule

DATE	TEAM	
Oct 2	2	Crutchley, Newling, Mittelholz
Oct 9	3	Hammerschlag, K Mittelholz, Stark
Oct 16	4	Harper, C Mittelholz, Friend
Oct 23	5	Batten, Newman, Schaefer
Oct 30	1	Patterson, Ayala, Ricketts

Altar Guild Schedule

DATES	CAPTAIN	
Oct 1-7	Newling	S Jones, Friend
Oct 8-14	Yeaman	Robbins, McLaughlin
Oct 15-21	Leatherwood	Fortune, Ayala
Oct 22-28	Newling	Anderson, Friend
Oct 29-Nov 4	Robbins	S Jones, McLaughlin

Updated as of 9/08/2022



The Women of St. Barnabas will host their annual fall bazaar on Saturday, November 12, from 10 am to 2 pm. The theme this year is Winter Wonderland. There will be crafts and wonderful baked goods for sale, as well as a fine lunch of soup, chili dogs, and Brunswick Stew. Plan to attend and enjoy the good food and good company!

The Barnabees are currently accepting donations of jewelry and scarves in good condition.

If You Plant them they will come...

by Molly Newling



1.



2.



3.

(Clockwise from above) This Spring we planted butterfly weed in our new native plant garden along the side parking lot (1.). A mother Monarch laid some eggs on the plants (2.), and now we have Monarch caterpillars munching on the butterfly weed (3.).

Thanks and More Thanks...

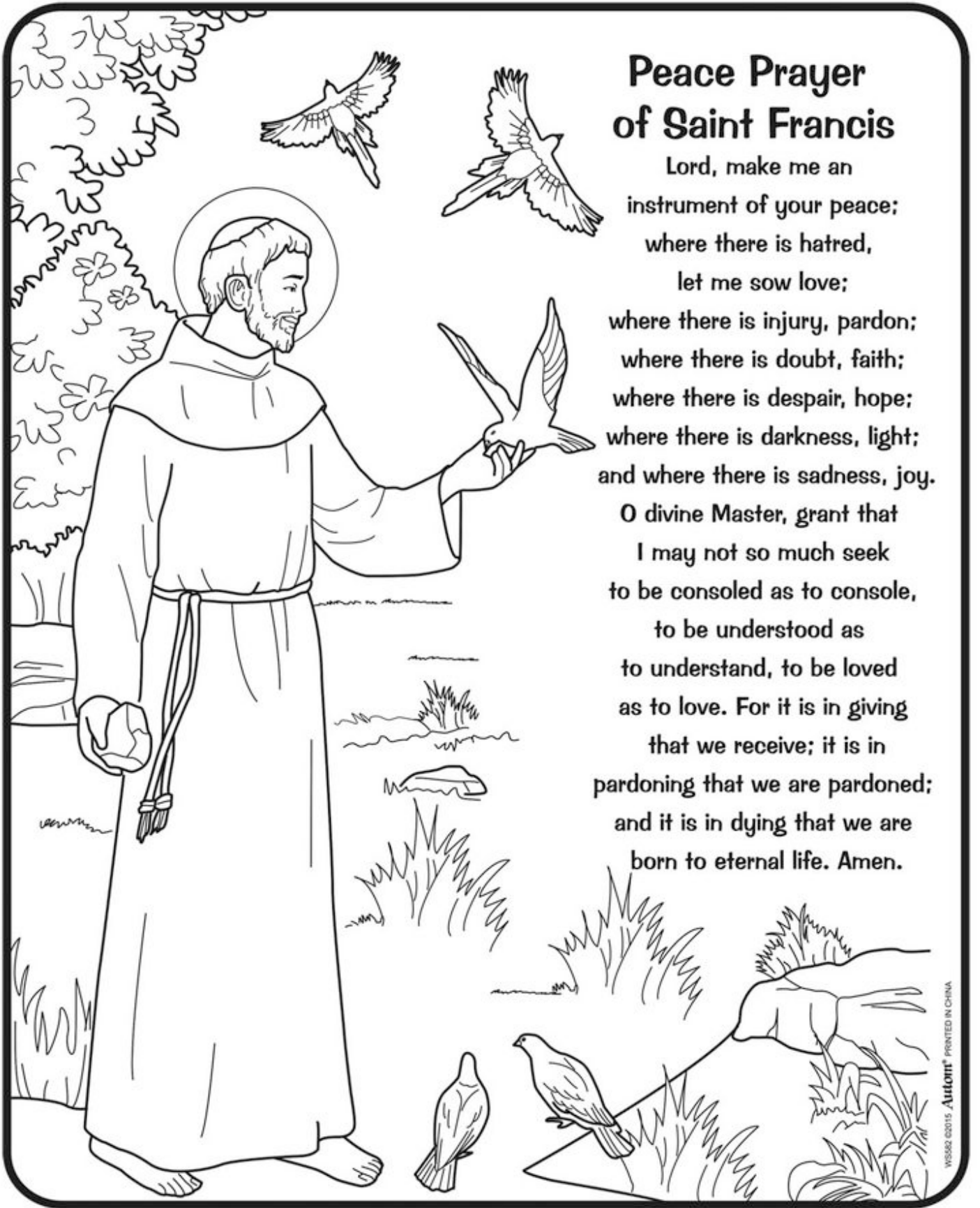
- To God, for giving so generously to St. Barnabas'.
- For Ellen Riddle, Senior Warden extraordinaire.
- For Theresa Merchant, our amazing Special Events Coordinator.
- For those enrolled in EfM, and for Beth's guidance of that group.
- For Dawn's leadership of the Youth Committee.
- For the generous leadership of the Youth Committee as a whole.
- For Monnie and Mareea, and their kind leadership of our Shrine Mont Retreat.
- For Len, and his representation of our support for the Rev. Noel Josue Rodriguez Santos (Fr. Noel) on the occasion of his Ordination to the Priesthood, and San Juan Bautista in general, as our sister parish.
- For the key handful of St. Barnabasians who gave generously in order to make it possible for Fr. Noel to purchase a downtown Parish House for San Juan Bautista.
- For all those on our Vestry, and their courageous willingness to release our designated Cuba Mission funds toward the purchase of San Juan Bautista's new Parish House.
- For the Diocesan purchase of the land on which St. Barnabas now stands.
- For all those who have helped to build up St. Barnabas' Church.
- For all those who have helped St. Barnabas' to grow in its effectiveness in ministry over the course of the last sixty years, allowing St. Barnabas' to be a conduit for God's grace here in northern Virginia and beyond.
- For James Harris and his good care as our Sexton.
- For Catherine Dubas and her transformative ministry as our Parish Administrator.
- For our parish musicians, singers, and choirs; for Dr. David Palmer 's leadership as our Music Minister; and for all those who have helped to make St. Barnabas' an inspiring venue for God's praise.

In the Presence of God

We pray for God's strength and healing for ... Bernard Blair, Emma Blevins, Jean Anne Braddon, Charles Camp, Cricket Camp, Margot Donnelly, Rotha Frye, Preston George, Lee Gibbs, James Harris, Roger Hefferan, Sharon Jones, Alusine Kanu, Joy Lyles, Tom Lyles, Cindy McLaughlin, Helen Mosher, Molly Newling, Shirley Newman, Beth Phillips, Grace Rampersaud, Norma Ricketts, Barbara Rigden, Ann Sayles, Frank Spink, Kathleen Stark, Karen Steidel, Mareea Wilson, Dana Wiseman, and Mary Yeaman.

For the Church ... the Archbishop of Canterbury, Justin Welby; our Presiding Bishop, the Most Rev. Michael Bruce Curry; and our Diocesan Bishops, the Rt. Rev. Susan Ellyn Goff, the Rt. Rev. Paul Bayes, and the Rev. Canon Mark Stevenson (Diocesan Bishop-Elect) and their families. For our Rector, the Rev. John Bolin Shellito, and his family; for Cindy McLaughlin (in discernment); for our vestry, wardens, and staff; and for the work and ministry of the Rev. Noel Josue Rodriguez Santos and his parish of San Juan Bautista in Palma Soriano, Cuba.

KIDS COLORING PAGE



Peace Prayer of Saint Francis

Lord, make me an
instrument of your peace;
where there is hatred,
let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.
O divine Master, grant that
I may not so much seek
to be consoled as to console,
to be understood as
to understand, to be loved
as to love. For it is in giving
that we receive; it is in
pardoning that we are pardoned;
and it is in dying that we are
born to eternal life. Amen.



ST. BARNABAS'
EPISCOPAL CHURCH

4801 Ravensworth Road
Annandale, VA 22003

Phone: 703-941-2922
E-mail:
stbarnabaschurch@outlook.com

We're on the Web!

www.st-barnabaschurch.org

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Change Service Requested

Parish Retreat at Shrine Mont

September 30 - October 2, 2022

Our Journey to Racial and Social Justice

St. Francis Sunday

October 9, 2022

**10:15 a.m. Outdoor Worship with Holy Baptism and
Blessing of the Animals**

weather permitting

8:00 a.m. Indoor Worship

All Saints' Sunday - November 6, 2022

Annual Parish Meeting - November 20, 2022