

The St. Barnabas' Reporter



Where Prayer Has Been Valid

Dear St. Barnabasians,

I took an evening to be on retreat the night before Bishop +Mark Stevenson's Consecration. I was at Richmond Hill, a retreat center in downtown Richmond that was actually a former Roman Catholic convent. The names of various Saints and theological concepts are still imprinted above the doors of each individual room. Richmond Hill has discerned and is answering a call to pray three times daily for racial healing in metropolitan Richmond. The experience reminded me of a framed piece of calligraphy that used to hang just inside one of the entrances to the original Virginia Theological Seminary Chapel. It was a quote T. S. Eliot's poem "Little Gidding". It said:

*You are not here to verify,
Instruct yourself, or inform curiosity
Or carry report. You are here to kneel
Where prayer has been valid.*

I felt the validity of the prayers that had been offered at Richmond Hill and Virginia Theological Seminary, just I have felt the validity of the prayers that have been offered at St. Barnabas'. And, I wonder if the rather austere "Lenten" tone of T.S. Eliot's poetry could perhaps be balanced with Richard Rohr's humor regarding some of his early experiences as a young monastic: he remarked that sometimes he wondered if some in his cohort thought that they might achieve liftoff on a walk down the hall to breakfast - due to their own rapid increase in holiness. His comment is also a helpful reminder to me of the deep value of humility and my own human need for it.

In Jesus and the Disinherited, Howard Thurman wrote, "Christianity as it was born in the mind of this Jewish thinker and teacher appears as a technique of survival for the oppressed." Thurman wrote further of Jesus, that, "Wherever his spirit appears, the oppressed gather fresh courage; for he announced the good news that fear, hypocrisy, and hatred, the three hounds of hell that track the trail of the disinherited, need have no dominion over them." Thurman actually opened his autobiography with a description of one of his first experiences of identity and call, the first night he was serving as a substitute minister at a church in Roanoke, Virginia. He was covering for the solo

(continued next page)

The Rev. John Bolin Shellito
Rector

SPECIAL POINTS OF INTEREST

- *Lenten Series Conducted by the Rev. James Hughes*
- *Coffee Hour Hosts Needed*
- *Parish Workdays*
- *Meet the Vestry's Class of 2025*
- *Parish Photos: Jazz Café Rite 13 Ceremony*
- *Circle of Grief Concluding Sessions*
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**St. Barnabas'
Episcopal Church**

4801 Ravensworth Road
Annandale, VA 22003
703-941-2922

Parish Staff

The Rev. John Bolin Shellito
Rector

David Palmer
Music Minister

Catherine Dubas
Parish Administrator

Maria Bottlick
Bookkeeper

James Harris, *Sexton*

Delilah Stearns, *Nursery*

Randolph Jones
2022 ASYP Tutor Coordinator

Vestry & Parish Officers

Ellen Riddle
Senior Warden

Larry Stark
Mark Patterson
Co-Junior Wardens

PJ Kennedy
Treasurer

John Westerlund
Assistant Treasurer

Ann Sayles
Register

Sam Batten

Michael Dugger

Beth Harper

Leigh Kennedy

Norma Ricketts

Jeff Schaefer

—
Catherine Dubas
Newsletter Editor

***Sunday
Worship Schedule***

8 a.m. Holy Eucharist

10:15 a.m. Holy Eucharist

Where Prayer Has Been Valid *(continued from p. 1)*

minister there for a month during the summer following his first year of Seminary, and had been informed of the need for a minister to swiftly travel to the hospital for prayer. After showing up and praying with all the strength, wisdom, and peace he could muster, Thurman described how the experience brought to mind his memories of his father's own strength, wisdom, and peace. The experience also called to mind how Howard Thurman and his family had been previously hurt by some of the ministers and other leaders of the church.

After all, Lent isn't just a time for penitential preparation for Easter. Rachel Held Evans was the one who wrote that Lent can also be a time for "frustration, grief, and lament." On March 6, 2019, she wrote, "As the season of Lent commences, I am aware this year of all who find themselves in a season of frustration, grief, and lament over the church or their place in it." The title of her blog post was "Lent is for the Lamenting." Rachel Held Evans was a firm advocate for both LGBTQ ministry and the Episcopal Church, and I still remember her visit to the Clergy retreat at Shrine Mont several years ago.

Her blog post, "Lent is for the Lamenting," was essentially four years ago. If you're anything like me, her words are a valuable reminder, for this Lent, and for every Lent. Lent isn't just "for us" in general terms. Lent is for us as we undertake the most difficult work, including the work of grief and lament. Lent is an appropriate time for taking stock of our lives. It is a good time for assessing our challenges, opportunities, and goals.

When Jesus withdrew to the desert, I imagine it wasn't just about him retreating from the daily demands of life, to reflect on the significance of his own Baptism. In the desert, Jesus was engaged in an intentional process of spiritual purification regarding his own internal motivations, so that he could approach the challenges of his earthly ministry with a heart unhindered by selfish ambition, a heart aligned with God's own heart, I also imagine that the desert was a place where Jesus could lift up his laments, in prayer. We all need a Word from God, nourishing us for life. Humanity does not live by bread alone. The experience of grief and lament can feel like wandering in the desert. But the desert between Egypt and the Promised Land is the place where the people received the ten commandments on Mount Sinai. It is the place where Moses walked alongside the people. It is the place where the Manna and the Quail were provided. And it is the place where the pillar of fire and the pillar of cloud led the way, one day at a time. My hope for us for this Lent is that we can follow God's lead through the desert, one day at a time, no matter our prayer posture or our spiritual wonderings.

Blessings,
+John

A “Note” from David Palmer

by David Palmer, Music Minister

During our staff meeting several weeks ago, I made a note that I should try to write something on Lent for the next *Reporter*. My mind went immediately to traditional Lenten themes like fasting, self-denial, and sacrifice. But I abandoned these ideas when I read an article in the January 15 Washington Post on a podcast called “What’s in My Bag?” in which recording musicians are interviewed about the records they have just bought at Amoeba Music in Hollywood. In more than one way, it addresses a question I’ve had about how to explain the difference between listening to music on the radio or being shared by a friend versus listening to music that I’ve chosen or that a computer algorithm has chosen for me.

Mind you, I’ve been delighted by music that YouTube has recommended for me, but it hasn’t led to the kind of sonic revelation that occurs when a friend says, “Listen to this,” or when something new and startling comes on the radio. The Post article quotes one person as saying, “...discovering music among friends can change how we hear it.” “So much of today’s taste-making power resides in the mindless algorithmic recommendations made by musical streaming services – corporate interests doing everything in their power to lock listeners into sedative playlists, corralling our ears into tiny silos of prolonged engagement. ‘What’s in My Bag?’ feels almost heroically antithetical to those bleak playlist-ification tactics. It steers us toward unexpected sounds via human beings telling human stories.” More than once, a friend has gushed about some band or recording that didn’t do much for me, and then, a month or year later, I began to hear something I liked in the music.

The article mentions how each of us can change, can “wake up on a different frequency,” and we hear music differently; the thing we once ridiculed now appeals to us. I like the idea that we can change - that, whether we’re young or old, we don’t have to be locked into a limited repertoire of music that we listen to, that we can take on new ways of thinking and being. This capacity to change applies equally to our life in Christ: no matter what we’ve done, we can stop doing things that don’t serve us and that don’t serve others. This is starting to sound like repentance, a good Lenten topic. According to Wikipedia, “the Greek term for repentance, *metanoia*, denotes a change of mind, a reorientation, a fundamental transformation of outlook, of [one’s] vision of the world and of [oneself], and a new way of loving others and God.” I invite you, this Lent, to open yourself to the possibility of change, whether in ways of listening or ways of loving others and God.

P.S. Why didn’t the organist have the music they needed on Good Friday? It was lent.

St. Barnabas’ Mission:
Serving our community, the world, and each other
through the love of Jesus Christ

For Education

Almighty God, the fountain of all wisdom: Enlighten by your Holy Spirit those who teach and those who learn, that, rejoicing in the knowledge of your truth, they may worship you and serve you from generation to generation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

For Vocation in Daily Work

Almighty God our heavenly Creator, you declare your glory and show forth your handiwork in the heavens and in the earth: Deliver us in our various occupations from the service of self alone, that we may do the work you give us to do in truth and beauty and for the common good; for the sake of him who came among us as one who serves, your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

BCP p. 261



March

Gertrude Jones
 Joan Blair
 Linda Hamerschlag
 PJ Kennedy
 Beatrice Lowrey
 Maritsa Rajashekar
 Michael Dugger
 Robin Erskine
 Jack Miller
 Anne Radway

April

Delilah Stearns
 Jocelyn Leatherwood
 Maria Macfarlane
 Parken Mokaves
 Owen Stearns
 Beth Harper
 William Anderson
 Mary Yeaman
 Shirley Newman
 Sebastian Rajashekar

Vestry Highlights - January & February 2023

January Meeting 1/18/2023

- In preparation for the submission of the Parochial Report, the Vestry shared about the challenges and opportunities of the past year, as well as their hopes for St. Barnabas' in the future. The Vestry also shared some of the stories of how St. Barnabas' has been doing the work of racial healing and justice in our congregation and community.
- Several ideas for improving our general and financial security were discussed, including installing a locked mail box and intercom for the office outside door.
- The appointment of the Vestry Officers was approved:
 - Ellen Riddle, Senior Warden
 - Larry Stark and Mark Patterson Co-Junior Wardens
 - P.J. Kennedy, Treasurer
 - John Westerlund, Assistant Treasurer
 - Ann Sayles, Register
- The Vestry approved that St. Barnabas' commit to using 100% of the Richardson Scholarship Fund to sponsor a field education seminarian, with that person potentially to begin in the fall of 2023.
- The Vestry approved that undesignated monies from the plate offerings on every other Sunday be assigned to the Rector's Discretionary Fund.
- The Vestry will host the Shrove Tuesday Pancake Supper on 2/21/23.

February Retreat 2/11/23

- As a Lenten exploration for 2023, St. Barnabas' is bringing back the 10 a.m. Wednesday Morning Prayer service during Lent, with Eucharist and Healing Prayer in lieu of Morning Prayer on March 1st and April 5th.
- Vestry Liaison Roles were collaboratively selected:
 - Pastoral Care - Mark Patterson
 - Worship - Leigh Kennedy
 - Youth and Children - Michael Dugger
 - Communications and Welcome - Jeff Schaefer
 - Social Justice, Adult Education, and Outreach - Beth Harper
 - Finances - Norma Ricketts
 - Buildings & Grounds - Larry Stark and Sam Batten
- December, 2022 and January, 2023 Vestry minutes were approved.
- The Parochial Report was approved.

Ann Wentworth Sayles, Register

Lenten Series for the Sunday Morning Adult Forums Conducted by the Rev. James A. Hughes

On Ash Wednesday our Rector, in the name of the Church, will invite us to observe a holy Lent by (for one) reading and meditating on God's Word.

Starting February 19th (the Last Sunday after Pentecost) and continuing through Lent, the Christian Education Committee has scheduled a series of discussions on the Passion of our Savior. The Rev. James Hughes, who led our Advent Forums, will conduct the series*. The discussions will follow St. Mark's account of Jesus' teachings in Jerusalem leading to the Upper Room, Gethsemane, the Sanhedrin, Pilate, Golgotha, and the Tomb. The focus is to deepen our understanding and experience of Lent, Holy Week, and Easter.

Fr. Hughes offers the Lenten discussions *gratis*, as he had the Advent series. In gratitude, the Vestry with the Rector has created The Rev. James Hughes Fund to support Christian Education at St. Barnabas'. Parishioners have since added their contributions to the fund. The Adult Forum for each Sunday will take place at 9:15 a.m. in the Richardson Room. All ages are welcome to attend.

Assist us mercifully with your help, O Lord God of our salvation, that we may enter with joy upon the contemplation of those mighty acts, whereby you have given us life and immortality, through Jesus Christ our Lord. Amen.

Opening Prayer for the Liturgy of Palm Sunday: BCP p. 270

*The Christian Education Committee will lead the discussion on March 19, when Fr. Hughes has a prior commitment.

Coffee Hour Hosts Needed

Since spring 2022, a small group of St. Barnabas' members have hosted Coffee Hour after the 10:15 a.m. service. The Coffee Hours have been a welcome part of resuming our in-person worship. Unfortunately, many of the volunteers who hosted before our online-only worship began in 2020 are no longer able to host. New Coffee Hour Hosts are needed to serve, either on a scheduled basis or for special occasions. Duties include setting up the cups and supplies, making coffee and other beverages, and cleaning up. If you would like to help, please contact Camille Mittelholtz or the Parish Office.



Parish Workdays February 25 and March 25

Thanks to everyone who volunteered at the February 25 Parish Workday. We completed minor maintenance and non-routine cleaning. Our next Parish Workday is scheduled for **Saturday, March 25**. We will do spring grounds maintenance. - Camille & Ken Mittelholtz, Building & Grounds Committee, and Mark Patterson & Larry Stark, Co-Junior Wardens

ACCA News -Annandale Christian Community for Action

Rebuilding Together - The Rebuilding Together National Rebuilding Day will be Saturday April 29. Rebuilding Together Arlington - Fairfax - Falls Church organizes repairs for local low-income homeowners and nonprofits, focusing on health, safety and accessibility. ACCA plans to sponsor repairs for two houses, and Ken Mittelholtz will lead repairs for one house. We expect to receive our assignment in March. Skilled and unskilled volunteers will be needed. If you would like to volunteer, please contact Ken.



Challenge Campaign - Thanks to all who donated to ACCA's Challenge Campaign fund-raising project. Your donations helps ACCA continue to provide emergency rent and food assistance and operate the Child Development Center, as well as other assistance programs.

Furniture Ministry - Thanks to Scott Cannon and Ken & Camille Mittelholtz for volunteering at the ACCA furniture warehouse on January 28. Scott's sister and a friend also helped. Our next turn to help the ACCA Furniture Ministry will be April 15 from 8 a.m. to 11 a.m. Volunteers deliver donated furniture to needy families and pick up donations. We meet at the warehouse on the grounds of Annandale United Methodist Church, located at 6935 Columbia Pike.

Emergency Assistance -Requests for help from ACCA's Family Emergency Assistance program were especially high in January 2023. ACCA helped 40 households and gave over \$51,000 in financial assistance for rent, utilities, and other urgent needs. The need for help from the ACCA Food Pantry also continues. Donations of food and hygiene items can be left in basket in the church narthex. The pantry ministry also needs volunteers to deliver groceries to households that need help, to coordinate drivers, and to pack items for delivery.

Transportation Assistance – ACCA partners with the Shepherd Center to help seniors and low-income people get to medical appointments and weekend shopping. Often not all the requests for rides can be met, and more volunteer drivers are needed.

For more information on ACCA programs or to volunteer, please contact Ken or Camille Mittelholtz or the Parish Office.

Heritage Mission Center Food Site

Members of St Barnabas' also donate food to the Heritage Mission Center Food Site operated by Annandale United Methodist Church. The Food Site has been giving groceries to over 300 families a week. Donations can be left in the blue box in the narthex. For information, please contact Camille Mittelholtz.

Meet the Vestry Class of 2025

Along with Jeff Schaefer, featured in the February issue of the *St. Barnabas' Reporter*, this year's Vestry welcomes Leigh Kennedy and Mark Patterson to the Class of 2025. They join Ellen Riddle (Class of 2023), continuing Senior Warden; Larry Stark (Class of 2023), Co-Junior Warden (along with Mark Patterson); Sam Batten, Michael Dugger*, and Beth Harper (Class of 2024); and Norma Ricketts (Class of 2023).

Leigh Kennedy

I have been a member at St. Barnabas for 9 years. During that time I have served primarily in youth and music ministries as a Rite 13 teacher, Children's Choir Warden, and interim Children's Choir Director. I chaired the Search Committee for our current Music Minister. I also play ukulele in our parish band, and violin on occasion. This will be my first time serving on the vestry, and I am honored to be selected. When I'm not at St. Barnabas', I work as an education policy analyst and strategist at the National Education Association. I am passionate about immigrant rights issues, and in my spare time I volunteer as a child advocate for undocumented immigrant teenagers in federal detention. I am the luckiest person I know: I'm blessed to be married to the most patient and wonderful person on Earth, PJ Kennedy, and Mom to my creative, brilliant, big-hearted twins, Jordan and Blue.



Mark Patterson

I've been a member of St. Barnabas' for 22 years, and currently serve as a Rite 13 teacher, acolyte, lector, and Chalicist. I'm excited to begin my vestry role as liaison to our lay pastoral care ministries and as Co-Junior Warden, and am passionate about all of these roles. I'm also passionate about travel, and have had the privilege of travelling widely. In the U.S., I've been to the Northwest, the Plains, New England, and much of the Southeast. I've also traveled to Czechoslovakia (before it became the Czech Republic), Finland, both East and West Germany (before their reunification), Russia, Ukraine, Kazakhstan, Uzbekistan, Tajikistan, Kyrgyzstan, Moldova, Georgia, Armenia, Azerbaijan, and Estonia. I've also done sightseeing in France and visited family in Norway. When I'm not traveling, I'm deeply rooted in gardening, and love my fish tanks. In my spare time (!) I'm an Assistant Principal at Loudoun County HS. I care deeply about the kids I work with, both here at church and at the high school. Supporting and inspiring all of these parts of my life is my family – the rock of my existence.



Michael Dugger - *Serving the remaining 2 years of Shirley Newman's term (Class of 2024)

I have been a member of St. Barnabas' for almost 27 years. Over this time, I have served as a Co-Leader of the Youth Group, Lector, Acolyte and Acolyte Director, and Journey to Adulthood Teacher (J2A, YAC, and B'Tweens). My wife and I have been blessed to have all three of our children Baptized by my father, the late Rev. Canon Clinton G. Dugger (Diocese of Albany, 53 years). I also had the opportunity to serve as a member of the Search Committee resulting in the hiring of our Rector, the Rev. John Bolin Shellito. Professionally, I have spent the same 27 years as classroom teacher and, most recently, a school administrator. I am most proud of my role as a husband to my lovely wife of 25 years, Simone Dugger, and a father to Matthew, Jacob, and Joshua for the past 21 years.



Men's Group

The Men's Group meets for breakfast on the first Saturday of each month. We will meet on March 4th and April 1st at 8:00 a.m. at the Juke Box Diner, located at 7039 Columbia Pike, Annandale. All men of the parish and their guests are welcome to attend. For more information please contact the Parish Office.

In the Presence of God

We pray for God's strength and healing for ... Bernard Blair, Jean Anne Braddon, Charles Camp, Cricket Camp, Margot Donnelly, Rotha Frye, Preston George, Lee Gibbs, Linda Hamerschlag, James Harris, Roger Hefferan, Sharon Jones, Alusine Kanu, Carolyn Lilienthal, Joy Lyles, Tom Lyles, Bob Macfarlane, Maria Macfarlane, Cindy McLaughlin, Jack Miller, Helen Mosher, Shirley Newman, Beth Phillips, Grace Rampersaud, Norma Ricketts, Barbara Rigden, Ann Sayles, Frank Spink, Karen Steidel, Mareea Wilson, Dana Wiseman, Dave Wright, and Mary Yeaman.

For the Church ... the Archbishop of Canterbury, Justin Welby; our Presiding Bishop, the Most Rev. Michael Bruce Curry; our Diocesan Bishop, the Rt. Rev. E. Mark Stevenson; our Assistant Bishop, the Rt. Rev. Gayle Elizabeth Harris (beginning April 1, 2023); and our Visiting Bishop, the Rt. Rev. Dabney Smith (April through June); and their families. For our Rector, the Rev. John Bolin Shellito, and his family; for Cindy McLaughlin (in discernment); for our Vestry, Wardens, and staff; and for the work and ministry of the Rev. Noel Josue Rodriguez Santos and his parish of San Juan Bautista in Palma Soriano, Cuba.

Reporter Deadline, Office Hours, and Schedule

The deadline for the May/June 2023 combined issue of *The St. Barnabas' Reporter* is **Saturday, April 15**. Please submit announcements and/or photos to the Parish Office at stbarnabaschurch@outlook.com. Hard copies of announcements and/or photos are welcome, as well.

Regular Office hours are Monday through Thursday from 9:00 a.m. to 4:00 p.m.; the Parish Administrator works remotely on Fridays.

Of note:

- The Parish Office will close at 12 noon on Friday, April 7th and remain closed through Easter Week (through Friday, April 14).
- John+'s schedule: Monday is set aside for sermon preparation; Friday typically is his day off.

As always, please call ahead to schedule any in-person meetings with John+, David, or Catherine.

Update Your Preferences

Please help us keep our database up to date by notifying the Parish Office if your contact information changes or if you would like any changes to how you receive parish communications. You can call the office at 703-941-2922 or email stbarnabaschurch@outlook.com.

► March 2023 Schedule of Participants – St. Barnabas’ Episcopal Church ◀

If you cannot serve as assigned, please find a replacement and notify the Altar Guild Chair / Team Captain / Parish Office. Thank you.

Church Office: 703-941-2922 email: stbarnabaschurch@outlook.com

The 10:15 a.m. service will continue to be livestreamed each week. Please check your email or the parish website for the link.

DATE	ACOLYTE	READINGS	LECTOR	CHALICIST	USHER	10:15 AM COFFEE HOUR	OPENER / VESTRY-CLOSER
March 5 2 Lent 8:00 am 10:15 am	Mark P Paulina K Jackson M Laura W Cindy M	Genesis 12:1-4a Psalm 121 Romans 4:1-5, 13-17	C Camp D Schaefer D Wright	M Patterson M Dugger	Williams	Newling & Harper	Vestry: Harper Opener: Williams <i>No flowers during Lent</i>
March 12 3 Lent 8:00 am 10:15 am	Michael D Joaquin T Leah W Noah S Michael D	Exodus 17:1-7 Psalm 95 Romans 5:1-11	T McKeever G Sinclair M Dugger	C McLaughlin E Riddle	TBD TBD	Bottick	Vestry: L Kennedy Opener: Patterson
March 19 4 Lent 8:00 am 10:15 am	Cindy M Joshua D Michael D Francine C Mark P	1 Samuel 16:1-13 Psalm 23 Ephesians 5:8-14	L Mellon C Mittelholtz B Harper	M Patterson G Sinclair	TBD TBD	Peyton	Vestry: Patterson Opener: Newling
March 26 5 Lent 8:00 am 10:15 am	Cindy M Jordan K Lulu H Blue K Xochi T	Ezekiel 37:1-14 Psalm 130 Romans 8:6-11	M Patterson K Stark C McLaughlin	M Dugger C McLaughlin	TBD TBD	Greer	Vestry: Ricketts Opener: Patterson
April 2 Palm Sunday 8:00 am 10:15 am	TBD TBD	Isaiah 50:4-9a Psalm 31:9-16 Philippians 2:5-11	C Camp D Schaefer D Wright	M Patterson E Riddle	TBD TBD	Newling & Harper	Vestry: Riddle Opener: Newling

Counter Schedule

DATE	TEAM
Mar 5	4 Harper, C Mittelholtz, Kennedy
Mar 12	5 Batten, M Dugger, J Schaefer
Mar 19	1 Patterson, Ricketts, TBD
Mar 26	2 Crutchley, Newling, Riddle
Apr 2	3 Hamerschlag, K Mittelholtz, Stark

Altar Guild Schedule

DATES	CAPTAIN
Mar 4-10	G Robbins J Leatherwood, D Wright
Mar 11-17	M Yeaman M Newling, G Robbins
Mar 18-24	J Leatherwood S Friend, M Yeaman
Mar 25-31	G Robbins M Bottick, K Anderson
Apr 1-7	Altar Guild Team

Parish Photos

Jazz Café Featuring Cityline ▪ January 28, 2023



St. Barnabas' is grateful for the generosity of St. Barnabasians and friends who raised more than \$2,000 for teh Bishop Walker School through this Jazz Café.

Rite 13 Dinner

A hearty and heartfelt thank-you to all those who helped to prepare and serve the meal, especially Andy Riddle, Ellen Riddle, Jessica Riddle, Theresa Merchant, Xochi, Jacob, Haley Bolin Shellito, Amos, and Cat.



Rite 13 Dinner - A time of preparation and celebration

Rite 13 ■ January 29, 2023

The January 29, 2023 Rite 13 Celebration honored the following young people: Blue, Francine, Jackson, Joaquin, Jordan, Joshua, and Laura. Thank you to all those who have supported these young people to young adulthood: teachers Mark Patterson & Dawn Schaefer, their parents, their siblings, cousins, extended family, and friends, and this parish family.



Above and right:
Rite 13 Ceremony, including prayers
and laying on of hands



Francine, Joshua, Blue, Jordan, Jackson, Joaquin, and Laura, you have been armed by Almighty God with both the imagination of childhood and the strength, energy, and creative power of adolescence; as you seek the prudence and grace of a mature faith in adulthood, you are called to seek out and establish the wisdom, the friendships, and the skills that will support a peaceful and abundant life in adulthood.

May Almighty God fill you with courage, wisdom, and joy. May Jesus Christ, your strong companion and never-failing friend, make you strong in faith and defend you on every side. May the Holy Spirit guide you in wisdom, truth, and peace, and may the blessing of God, Creator, Redeemer, and Sustainer, rest upon you this day and for evermore.

7-8 PM March 8th & April 12th
Concluding Sessions of Our Six-Month Grief Support Circle

Are you seeking healing after the heartache of losing someone close to you? Ever feel like others “don’t get it”? Or, perhaps you feel like the various other challenges of life have gotten in the way of being able to grieve a past loss right after it happened? Our modern society doesn’t always seem to understand bereavement and certainly doesn’t always provide the space needed for mourning.

Here is a great way to get support and a helping hand as you endure the journey we call grief.

** Please note: This circle of support is ONLY for those grieving and not a fit for those dealing with other issues. **

St. Barnabas’ Episcopal Church is partnering with Vitas Healthcare to offer this support group to those who grieve. A *Circle of Support* is provided to you via a Zoom or phone-in format. Our Group is open to ANYONE grieving and to caregivers for those who are terminally ill.

Our Group is facilitated by a professional specializing in support for those who grieve. The group is free from “pushing” any particular agenda or perspective. Respect for each individual’s unique grief trek is paramount. Our group is *free*.

You do not have to *sign up*. You can use Zoom or just call in.

HELD ON the Second Wednesday of the month from 7-8 PM, thru April 2023
via ZOOM.

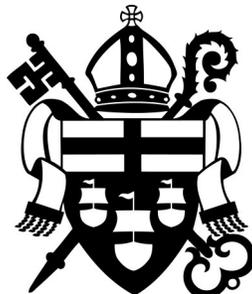
Please contact the Parish Office for Zoom details.

What is expected of you? You only have to say, “Hello.”

We hope the space of this circle can support you in these extremely difficult times.

*Many thanks for Grace Jones Robbins making this partnership possible.
John Bolin Shellito is also planning to be present with the group.*

News from the Diocese



Bishop Stevenson Announces the Appointment of Assistant Bishop

The Rt. Rev. E. Mark Stevenson, Bishop of the Diocese of Virginia, announced [on December 8, 2022] the appointment of the Rt. Rev. Gayle Elizabeth Harris as Assistant Bishop of the Diocese of Virginia. Bishop Harris is currently Bishop Suffragan of the Diocese of Massachusetts.

“I could not be more thrilled that Bishop Harris has accepted this call to serve as an Assistant Bishop in the Diocese of Virginia. Her wisdom, wide-ranging church experience, and love of Jesus will be a gift to us all. Bishop Harris is prayerful, intentional, and devoted to the Good News that God is love. And personally, I am so very thankful that I will have such a clear-thinking and fun-loving ministry partner as we – as a diocese – walk the path that Christ has put before us.”

Bishop Harris will play a lead role in broadening and deepening the Diocese’s formation ministries for both clergy and lay leaders. She will also share in the full range of episcopal duties, including support of clergy, congregational development, and visitations to churches, schools, colleges, and retirement communities.

“As a former resident of the Commonwealth of Virginia, I feel honored and richly blessed to be appointed Assistant Bishop by Bishop Stevenson,” said Bishop Harris in a greeting to the people of the Diocese. “Joyfully, I look forward to joining with you in the proclamation of the Gospel of love and reconciliation in the Diocese of Virginia and beyond. I pray that our ministry together in the name of Jesus continues to empower us to be God’s agents of healing and transformation in our own lives, and in the world.”

Bishop Harris begins her ministry in the Diocese of Virginia on April 1, 2023 and will live in Richmond, Va.

Bishop Stevenson Announces the Appointment of Visiting Bishop

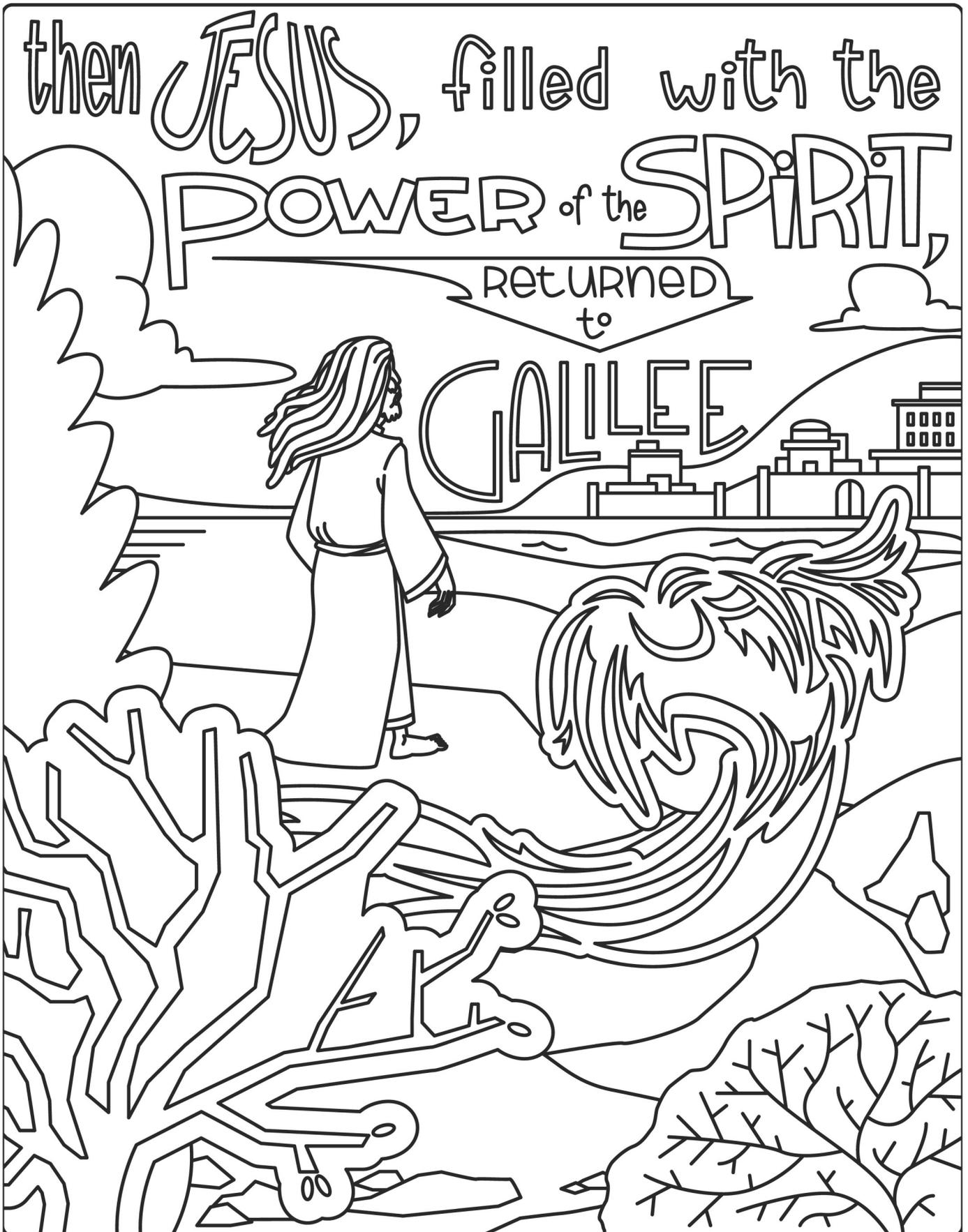
The Rt. Rev. E. Mark Stevenson announced today [February 7, 2023] the appointment of the Rt. Rev. Dabney Smith as a Visiting Bishop in the Diocese of Virginia. Bishop Smith will serve in the Diocese from April through June of this year and will be based in Northern Virginia.

"Bishop Smith brings tremendous talent, a wealth of experience, and a big-hearted love for Jesus to our Diocese," said Bishop Stevenson. "He will be another strong addition to our dedicated diocesan staff. I have worked with him in a number of settings for nearly 20 years, and I am so looking forward to this new chapter together."

Thanks and More Thanks...

- To all the faithful FACETS volunteers who come each month to make sure our homeless neighbors have a hot meal, including the organizers, shoppers, baggers, and cooks
- For Ellen Riddle, Senior Warden Extraordinaire
- For Mark Patterson and Larry Stark, our amazing co-Junior Wardens
- For the strength of our Vestry
- For Catherine Dubas and her ministry
- For our Choirs
- For Dr. David Palmer and his leadership of our music ministries
- For the Building & Grounds Committee
- For the Flower Guild
- For the Altar Guild
- For the ministry of St. Barnabas' Acolytes
- For James Harris and his ministry as our Sexton
- For Randolph Jones and his ministry as our Annandale Safe Youth Project Tutor Coordinator
- For Maria Bottlick, our amazing Bookkeeper
- For the Finance Committee
- For our Caritas and Lector ministries, and those who serve in them.
- For our Office Volunteers.

KIDS COLORING PAGE





**ST. BARNABAS'
EPISCOPAL CHURCH**

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We're on the Web!

www.st-barnabaschurch.org

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LENT, HOLY WEEK, AND EASTER

10 AM WEDNESDAY WORSHIP RETURNS DURING LENT

**INTERGENERATIONAL GAME NIGHT ▪ MARCH 18
7 PM IN THE RICHARDSON ROOM**

PARISH WORKDAY ▪ MARCH 25 ▪ 9 AM-12 NOON

**MAUNDY THURSDAY ▪ APRIL 6
7 PM HOLY EUCHARIST ▪ 8-9 PM PRAYER VIGIL**

**GOOD FRIDAY ▪ APRIL 7
12 NOON & 7 PM THE LITURGY OF GOOD FRIDAY
5:30 PM INTERGENERATIONAL STATIONS OF THE CROSS**

**SUNDAY OF THE RESURRECTION: EASTER DAY
8 AM & 10:15 AM FESTIVAL HOLY EUCHARIST ▪ 9:15 AM EASTER EGG HUNT**